Friends of Forest Farm

SUMMER/AUTUMN 2025 136

"It's the first day of autumn!
A time of hot chocolate mornings, and toasty marshmallow evenings,
and, best of all, leaping into leaves!"
WINNIE THE POOH, POOH'S GRAND ADVENTURE

It has been a glorious Summer, which sadly now feels over, and Autumn is upon us for sure. In addition to providing lots of sunshine and an abundance of insects, it has been a very productive period at Forest Farm with much achieved. Read the rangers and volunteer reports to see all the hard work that has gone on. There were also 2 Open Days this summer with lots of people attending, although the Friends event did prove even more exciting than we anticipated.



For the Friends some of our existing projects are nearing completion. The interpretation display panels in the bird hides have been well received with many compliments. The campaigning to remove the tree planting in "The Bowl' area has been successful with final NRW approval given. Initial work starts in October, although the trees will not be physically removed until the end of the year.



Future plans: Please read about the restoration of the Dragonfly Pond. Funding is in place, with grants received and additions from our own reserves. The initial phase of work is due later this year. Work on the bird hide ponds commenced over the summer, see the Rangers Report. Plans are also well in hand for significant restoration work on the canal itself, and work has commenced on the first phase. There are also positive developments about the rebuilding of the Barn. For more information, see our article on Developments at Forest Farm.

Many fun activities and learning - see Open Day articles, plus Wildlife Gardening and Hedgehog monitoring. Lots of visitors, lots of wildlife and one very rare and unexpected visitor.
Thanks to all who have contributed to make it a successful and enjoyable summer. Now have fun with the autumn leaves. Naomi and Paul

MY FAVOURITE PHOTOGRAPH



My Favourite Photo – Dipper

At Forest Farm, I paused by a shaded waterfall where light barely pierced the canopy. A Dipper appeared, small and alert mirrored in the stream below, with a dribble of water falling from its bill as it lifted its head.

The low light made photography difficult - ISO 4000, 560mm, f/4 at just 1/100s, but the image was on point.

What stayed with me was the encounter itself, a fleeting glimpse of bird and reflection perfectly at home in its hidden world. Moments like these remind me why Forest Farm is such a magical place and a haven for an abundance of wildlife. At Forest Farm, you experience the wildlife but also a place of peace and stillness and the chance to experience something unforgettable.

Dean Seldon

RANGERS' REPORT

There have been lots of challenges, during this hot and dry summer, including our old friend Himalayan Balsam, which continued to flower later than usual. It has needed extra effort to clear this year, with three of the FoFF volunteer mornings dedicated to this task plus sessions with corporate groups, Cardiff Rivers Group (CRG) and the Volunteer Rangers too. With perseverance we intend to reduce its hold on site, even if not eradicating it completely.

Late summer and autumn are times to concentrate on Wetlands management, and work has been done around both Hides, Reed-cutting and scrape-clearing with the different volunteer groups. Thanks to FoFF, Cardiff Rivers Group, Cardiff Conservation Volunteers and others. The aim has been clearance and preparation for the removal of silt by digger, and then repair the leaks. The plan was to re-flood the whole area behind Hide 1, but this has not proved possible. Instead we will create a series of linked ponds in the area. During the next year, vegetation will be kept lower than usual, to facilitate easy access for further work. In the long run this will improve biodiversity.


Frank Sengpiel

This summer has been especially good for insects, and consequently also for birds such as Swallows and small breeding woodland birds. The Rangers have installed some nest boxes which should enhance breeding success. These are being monitored in a shared project with the Wildlife Trust. It's been a particularly good year for Nuthatch, Great and Blue-tits, Goldcrests, Little Egret, Reed Warblers and Reed Buntings and there have been sightings of Water Rail. Birds of prey, including Tawny Owl, young Buzzards and young Sparrowhawks have also been evident.



Kingfishers have been spotted around the artificial Kingfisher banks, built to encourage them to nest. Hopefully next year! The Otter hide, built by FoFF volunteers in May is currently providing a home for Foxes!

The most sighted mammal at Forest Farm has indeed been the Fox, with a whole family regularly seen playing in the fields and up to 7 individual cubs bouncing around. A reminder that these are wild animals and that feeding them is not helpful, endearing as the cubs are.


Gildas Griffiths

A number of other shared projects have taken place this summer. For example, the Dormouse monitoring project led by the Local Nature Partnership (LNP). You may have seen the long tunnel-like boxes hidden within the vegetation on the Reserve (see picture). In September the Rangers and

LNP ran a Hedgehog monitoring project, installing 30 cameras for 30 days in various habitats across Forest Farm. In various places you may have spotted corrugated sheets lying on the ground, placed by the Rangers and the Wildlife Trust, to encourage amphibians and reptiles such as Slow-worms by providing a nice warm place to hide. Volunteers have been able to get involved with all these projects and also with various workshops run during the summer – Butterfly watching, Moth morning, Bug identification, Wildlife Gardening and more.



Another volunteer opportunity will arise soon, monitoring the Reserve finding the dreaded Japanese Knotweed and recording its location using the What3Words App. Look out for more information on how this will be run.


Naturescape Wildflowers LLP

During the drought this summer the meadow areas struggled, but earlier in the year they were thriving. Yellow Rattle was seen in the meadow opposite the farmhouse for the first time. This plant is valuable as a parasite of grass roots, weakening the grass and helping other meadow plants to flourish. It seems that the meadow improvement is also due to the 'cut and lift' management technique, where the cuttings are not left to lie in the meadows. This means that the soil is further impoverished and therefore better for wild flowers. It was a joy to see orchids in the conservation field this year

Another good meadow management technique is Green Haying – the moving of grass cuttings (and any accompanying flower seeds) from one meadow to another. This method will be used at Forest Farm next year, with the hope that Pyramid Orchids will be spread from Grangemoor, and seeds gathered in Forest Farm conservation field will be spread at Hendre Lake.

Alec Stewart

DRAGONFLY POND

At the entrance to Forest Farm, as you walk from the carpark towards the farm buildings, you pass a very sad sight – the dried up Dragonfly pond. The large Dragonfly sculpture stands surrounded by dry ground, and in the recent hot summer this has looked even worse.

The Rangers team have investigated why the water has disappeared and have tried various remedies and repairs over the past few years. Sadly to no avail! It is clear that the pond lining needs complete replacement and also that the pond needs an improved and more reliable supply of water to keep it adequately topped up. Unfortunately, this all costs money and council funds are limited.

The Friends feel that this sad sight is an eyesore and is an unfortunately unwelcoming first view of our lovely reserve, especially for newcomers. Over the past year, we have been to meetings with Sacyr, the builders of the new Velindre Hospital. They have been keen to assist at Forest Farm in various ways and have now awarded the Friends a grant of £1000 towards the initial repair of the pond, through their Thrive Communities scheme. We are very grateful for their practical support.



The Friends committee has also made the decision to utilise some of our funds to assist with this project. Additional funding will also be required from Local Nature Partnership.

We recently met with Nicola Hutchinson, the Conservation and Community Development Manager, who is responsible for Forest Farm Reserve. It was agreed that this work will be done in two stages: In this financial year, the new liner will be installed and landscaping around the pond will be undertaken, so that it can be filled again with water in the Spring.

During the following financial year the more complex task of creating an improved water supply to the pond will be completed. This will involve channelling rain-water run-off, from the farm buildings, channelling across the road, leading directly to the pond. The rangers will conduct the work to dig out the old pond and insert a lining. There may also be some volunteering opportunities to assist with replanting and restoration around the pond. We will try to keep you informed.

The photograph shows the pond and Dragonfly in their current state. We hope by this time next year to show you another one of this area once again full of water, supporting nature and wildlife in all its diversity, a welcome sight at the entrance to our beautiful Forest Farm.

TREES IN THE BOWL UPDATE: SUMMER 2025

The story continues, but approaches a happy ending! The discussions appear finalised and action is about to happen.

To summarise, the trees were planted early in 2024 by the Velindre Trust, building the new hospital, as part of a mitigation package to provide good Dormouse habitat, as required by National Resources Wales. Planting in this particular area happened despite instruction from Cardiff Parks not to plant there. The Bowl was a much-loved local amenity and was ecologically maintained as meadow area. Therefore the planting caused great unhappiness locally. Hence our campaigning since to have the trees removed, even though we are keen to have Dormice living within the Reserve.

To meet the necessary development licence terms, an alternative place for the tree planting had to be found. After much negotiation, an area within Forest Farm near Longwood Drive has been agreed for removal of existing Cherry Laurel and replacement with native species of trees. Some additional habitat enhancement work to the adjacent woodland is also needed.

We received news on 4 July that Natural Resources Wales had formally approved the proposed amendment to Velindre's Dormouse licence.

On 4 October, we received a further update confirming that the work in Longwood Drive will begin on 13 October. The work includes the removal of Cherry laurel, Japanese knotweed treatment, some thinning of selected trees and the planting of native understory shrubs. The removal of the trees planted in the Bowl will then take place in December/January.

In addition, Velindre will also begin a programme of small scale works along the railway cutting in order to achieve a change in the existing habitat over the 30 year period of their Dormouse licence. This will include periodic felling of small areas of trees (10m x 10m), planting of species suitable for Dormice and targeted thinning of Sycamore.

Thank you to everyone who has contributed to this campaign! Hopefully the trees planted in the Bowl will have been removed even before our next newsletter and next year the restoration of the meadow area can begin.

FRIENDS OF FOREST FARM OPEN DAY 4 OCTOBER



The day dawned dry but cloudy, with sunshine and showers. More importantly there was a strong wind with some powerful gusts. By 9am a lot was already going on. Friends, were setting up – moving tables and chairs, sorting out displays of photos and literature, stocking the 'pop-up' café with light refreshments, setting up the apple press in the orchard, putting out signs and banners.

Meanwhile the Park Rangers were sorting out the pond dipping, cutting withies for willow weaving and preparing the machinery exhibition in the field. The Bee keepers were already set up outside the Warden's Centre with their collection of Bee keeping equipment, and local honey and beeswax candles for sale. By 10 o'clock all was ready as visitors began to arrive.

Whilst helping in the café, it was good to chat about Forest Farm and the Friends to various visitors. Some had come long distances to visit us whilst others staying in the area with friends or relatives had spotted this event and come to see it.



The display in the Warden's Centre featured some magnificent photos of the site's wildlife that the many local photographers had managed to take. There were also maps and old newsletters, plus information on Forest Farm and the Friends group.

The apple press is always very popular. Children love watching the apples being cut up and placed in the press. Samples of juice can then be tasted showing the different flavours found in different apple varieties.

Pond dipping is another favourite with children, revealing the wide variety of creatures found in our little pond – pond snails, water spiders, various beetles and different types of nymphs and larvae. Especially common were the long thin wriggling nymphs that will develop into damsel flies.

Willow weaving was another interesting occupation for both young and old, demonstrated by a Ranger. It required visitors to learn various techniques to twist and interlock the willow stems to produce an attractive willow snail.

The pop-up café proved popular. As usual we were donated a magnificent cake complete with Forest farm Logo printed on the icing, which was cut up and sold or given to the rangers and volunteers. Enjoyed by all!



The Bee keepers have a fascinating collection of Bee hives and various tools that they use. They are only too pleased to talk about Bee keeping and honey production. Sadly, I learned that this year has been a very bad one for honey bees with numbers down by half. This follows years of decline in numbers world-wide for reasons that aren't understood. One of the Bee keepers said that ten years ago, his hives produced about 300lbs of honey a year, but this had declined every year since. This year he had only 30lbs of honey.

The display of tractors and other machinery that the Rangers now use is another interesting feature, and there was an exhibition of tree related wild life in the tree nursery. Sadly, I didn't get to see these because at around 12.15 there was a magnificent cracking sound when a strong gust of wind snapped off a large branch from the Ash tree between the Warden's Centre and the Barn. It fell across the road. Fortunately, there were no injuries or damage, but the Rangers' said we had to end the event in case another branch or tree came down in the wind, this time with more serious consequences.



We then began the sad job of clearing up and shutting down. As we were doing this I heard a loud cackling from the trees lining the orchard, which a ranger told me was a Jay calling, common at this time of the year.

It was estimated that we already had over a hundred visitors before this happened, and the day was just getting into full swing. The early closure was a great disappointment, but the decision was taken by the Rangers in the interests of safety.

Many thanks to all who helped and supported the event.

Albyn Austin

THE LOCKS OF THE GLAMORGANSHIRE CANAL



When the Glamorganshire Canal was completed in 1794, it covered a distance of 25.5 mile from Cyfarthfa (Merthyr Tydfil) to the Sea Lock in Cardiff Docks.

At Cyfarthfa the canal was at a height of 250 feet above sea level. As with most canals of the era, for every 5 foot in loss of elevation a lock was required, so the distance between the locks varied depending on the local geography.

At Nantgarw there was a set of triple locks numbers 35,36 and 37. This triple lock was situated where the present Nantgarw interchange of the A470 is and next to the Nantgarw China works.

There were 50 locks along the original canal length but only four remain - two at Forest Farm. There was also one at Pontypridd at what was until relatively recently the Brown Lennox works. The final lock, the location of which I have not been able to confirm, is apparently in the garden of a house near Abercynon!

At Forest Farm, LLynmellt Lock (named after the local farm) and also known as Middle Lock, was lock number 42. Forest Lock in the middle of the reserve was lock number 43.

For 100 years these locks were in operating 24 hours a day 7 days a week, until the increasing competition from the railways and closure of the canal further north resulted in the canal finally closing in 1943.

Both Forest Farm locks were restored in the early 1970's with some modification, and so the structures remain in place after over 230 years.

After the Second World War many of the locks were destroyed and the canal filled in including Llandaf Lock (number 45), College Lock (number 46), Gabalfa Lock (number 47) and Monachty Lock (original spellings used). However, some others remained until the 1970's when the building of the A470 dual carriageway finally destroyed them.

Martin Chamberlain



Photos courtesy of Facebook Cardiff Now and Then website. Date of Approx 1920.

GARDENING FOR WILDLIFE

A fabulous free event at Forest Farm this summer! On 17 May twenty people, ranging in age from about one to eighty, met at the Warden's Hut for a 'Gardening for Wildlife' course, led by Ranger Rhodri assisted by Andrew and Kevin.

The day was beautiful, and the wild flowers around the farm buildings looked stunning. After an introductory session indoors, learning about the different types of garden features attractive to wildlife, we were taken outside for a walk around. Kevin led some bug-hunting for the children, whilst the adults went through to the cottage garden behind the farmhouse.

Rhodri pointed out features such as the small flower meadow alongside the Warden's hut, bug-houses, wildlife-friendly compost piles, a hidden hedgehog house, plants that thrive in shady areas, plants that grow well alongside paths and other interesting features.

The garden itself is in an old-fashioned 'cottage' style with tall spikes of Foxglove, Ox-eye Daisy, garden Knapweed, dog rose (Rosa canina), and many others. Herbs have been planted in the top of the old well that sits in the centre of the garden, giving wonderful smells of Thyme, Mint, Marjoram and Rosemary. It creates an idyllic scene and is a pleasure to see part of the Reserve that is not generally accessible.

Rhodri gave some very useful tips about where to source wild-flowers that might thrive in our gardens: Celtic Wildflowers is a local company which was recommended.

Returning to the Warden's hut, where we found a fun practical to take part in. Each attendee had a plant-pot to fill with peat-free compost and plant with plugs of wild-flowers – Comfrey, Camomile, Cornflour, Ox-eye Daisy and the little pink Cranesbill also know as Hardy Geranium. Ours has





flourished throughout this beautiful summer and we are hoping to see some of the plants return next year.

This was such a great course that we now regularly check the websites for Outdoor Cardiff, and the Local Nature Partnership. During the summer we have also attended a bird-spotting morning at Cathays Cemetery, and, at Forest Farm, a Butterfly-spotting morning, Moth ID morning and a Bug identification walk. What wonderful free treats these were!

https://www.outdoorcardiff.com/

https://www.eventbrite.co.uk/o/cardiff-local-nature-partnership-82029987383

(Industrial Archaeology walk at Forest Farm is planned for 8 November!)

DEVELOPMENTS AT FOREST FARM

BARN: We are pleased to learn that, after considerable delays, the insurance and design have been agreed by Cardiff Council Planning Department for the Barn rebuild. The work is finally in the Council's tendering process to appoint a suitable contractor to do the work. We'll tell you more when we know!

CANAL: With funding and NRW approval in place, dredging began in September to remove the silting in the top section of the canal and to clear about 200m downwards from the top lock. Unfortunately the work temporarily halted because possible pollutants were found in analysed silt samples. Further identification was needed before the normally fertile silt could be removed and placed alongside the canal. Fortunately this has been resolved and NRW have approved continuation, which should restart by the end of October. We look forward to some clear water and more space for the water birds and plants! Funding has been agreed and plans agreed to do the middle section next financial year. More funding needs to be obtained before the final section can be completed.

WARDENS HUT:The Friends have been pleased to make a donation towards new doors on the Warden's Hut; these are much-needed and will make it a more pleasant and secure place to be. We also hope, over the winter months, to tidy and possibly paint some of it internally – another possible opportunity for some volunteers, so do let us know if you'd like to help!

DRAGONFLY POND, TREES IN THE BOWL: See the separate articles above.

VOLUNTEER REPORT: SUMMER 2025

What a fabulous time the volunteers had on the May session. Instead of the usual activity, we built an Otter Holt. By the time we finished we felt that we had built a veritable Otter palace! Otters are increasingly to be found on the reserve so we hoped to make them feel even more at home.



Alec had the plans and the materials ready for us and we soon set to start work in a quiet area of the reserve without public access.



There were several steps to the job: Clear the ground and remove the top-soil; lay four large timbers in a square creating the main structure; provide a tunnel as a front entrance and also provide a back-exit; lay several smaller logs inside creating 'room' dividers (this is what Otters like); secure everything in place with large stakes driven well into the ground; cover with long thinner logs; lay two sheets of iron roofing on top; cover everything with the top soil;

lay additional long narrow sticks and canes on top; finally cover with lots of greenery, weighted down by more logs.



It took about two and a half hours to



complete, with twelve people of all ages and was hugely satisfying. There were jobs for everyone, and what a great morning we all had!



In the autumn it is hoped to place a wildlife camera in the area to see who has moved in.

Apparently Foxes, who will no doubt be very happy there, have currently moved in, but let's hope this is temporary – we built it for Otters!

The next three Volunteering sessions, in June, July and August, were spent mostly with our usual favourite - clearing of Himalayan Balsam. What joy! However it is important that we keep this highly invasive plant under control and give our native flora a chance to thrive. Hard work, but worth the effort.

The final session in August was late for this activity. Some of the Balsam was mature and the seeds were ripe to go. Normally removal it isn't done after the pods have started popping out hundreds of these seeds. However, Alec was very keen to have one more 'bash' in the area behind the canal where we have worked so hard this year. It was a dense jungle when we arrived, and it is lovely to see that the Willow herb and other plants that we had cleared the way for during the winter had actually flourished. It is amazing what a big difference can be made in a morning working together.

In September, the volunteers concentrated on the Wetland area, Reed-cutting and scrape clearance around Hide 2. It was good to be joined by the Cardiff Conservation Volunteers, sharing their skills and experience and proving again that many hands do make light work.

Contrary to what you might expect, there is always lots of clearing and sometimes planting to do during the Autumn and Winter, so look out for the dates and come along whenever you can! Thank you so much to everyone who has helped during the summer season.

HELP

Can you help us? Do you love Forest Farm? Do you have a little time to spare and skills to share? Would you like to make a difference for your local community?

Friends of Forest Farm is here to support, safeguard and celebrate the wonders of Forest Farm reserve and canal and right now we need your help.

If you can help, or just want to learn more about what it involves, PLEASE get in touch now: editor@forestfarm.org.uk

HEDGEHOG MONITORING AT FOREST FARM

The Local Nature Partnership (LNP) website advertised a morning monitoring Hedgehogs at Forest Farm. I love Hedgehogs and have been trying for years to encourage them back to our garden. A lucky thirteen people turned up, along with 6 staff members. We learned that the People's Trust for Endangered Species have developed a programme to set up surveys of Hedgehogs, and that we were to be placing motion-sensitive wildlife cameras throughout the Forest Farm Reserve. The same is also being done at Heath and Bute Parks, and is part of the National Hedgehog Monitoring Programme. You can find more information at https://ptes.org/campaigns/hedgehogs/nhmp/


Alec Stewart

Endangered species? Alex from the Wildlife Trust pointed out that the rate of decline in UK Hedgehogs over the past 50 years is equivalent to the decline of Tigers in India. There are various reasons, including due to loss of habitat, but a great deal more needs to be understood.

We were given an initial training session next, where we watched the setting up of the first of our thirty cameras. The same programme was done last year, and using 'What3Words' this year's cameras were to be placed as closely as possible to the same locations used before. They are then left in-situ for thirty days.



We were split into small groups, to set up 5 cameras each, and thankfully a member of staff was with each group to make sure we got it right! Some 30 cameras were placed around Forest Farm, covering all the different types of habitat. A month later, in October the cameras were all retrieved.

The content will be uploaded to Mammalweb, https://www.mammalweb.org/en/, and then analysed. Lets hope it reveals some good news. Last year only 5 of the 30 cameras at Forest Farm spotted hedgehogs, whilst 10 of those in Bute Park did. Do we have a shortage of them at Forest Farm, or was this just chance? It will be very interesting to see what this year's monitoring reveals. If you follow the link above you can find out how you can help with the counting. Let's hope it reveals some good news for Forest Farm Hedgehogs!

COMING EVENTS AT FOREST FARM

Saturday Nature Walks & Volunteering: meet at the Warden's Hut, Forest Farm CF14 7JH, from 10am to 12.00
Winter Talks: ARARAT Church Community rooms, Whitchurch Common CF14 1PT, 7.15pm

NO BOOKING IS REQUIRED

15 Oct	**The Welsh Red Kite:** How one small village in Wales saved this bird from extinction in the UK.	Alan Oliver
18 Oct	Nature Walk	Sheila Austin
26 Oct	Volunteering	Alec
8 Nov 2.00pm	Industrial Archaeology Walk	Ranger Event
15 Nov	Nature Walk	Sheila
19 Nov	**Brilliant Bumblebees:** about Bumblebees and their importance, how to identify and support them, how to attract them to our gardens.	Claire Fidler (RSPB, Newport Wetlands)
30 Nov	Volunteering	Alec
20 Dec	Nature Walk	Sheila
20 Dec (Saturday)	Volunteering	Alec

For current information about events check our website or Facebook pages.
Wildlife Detectives: meet on the 3rd Sunday of every month. Please book on https://www.outdoorcardiff.com/parks/cardiff-wildlife-detectives/
Ranger Event bookings required: https://www.outdoorcardiff.com/events/

For more information about Friends of Forest Farm: www.forestfarm.org.uk
Also on Facebook: https://www.facebook.com/forestfarmuk/

The editors advise that all views expressed by contributors are their own.

Published on behalf of The Friends of Forest Farm and Glamorganshire Canal Nature Reserve by Paul and Naomi Brightmore. CONTACT: **Email** editor@forestfarm.org.uk

RANGER'S OPEN DAY AUGUST 2025

Another brilliantly fun day organised by Jo the ranger and attended by several hundred people of all ages and backgrounds.

The Friends held their usual pop-up café. The sun shone, families came and went, children pond-dipped and bug-hunted, made apple-bird-feeders and climbed on tractors! Cardiff Bee-keepers and the Bee Trust held the flag high for these insects so essential to nature. Coed Caerdydd encouraged visitors to the tree nursery, and beautiful 'nature-photos' and pressed-flowers could be made nearby. Altogether a really excellent day, and here are some of the photos for you to enjoy.


Forest Farm











FIRST RED-NECKED PHALAROPE IN CARDIFF



I follow various channels to receive news of uncommon or rare birds in South Wales, and on the afternoon of Sunday 7th September I saw a post in the South Wales Birding group on Facebook that reported a 'juvenile Phalarope' on the Taff between Radyr Weir and the M4 flyover.

Half an hour later I was at the Taff and quickly found the bird, as well as 3 or 4 other birders looking at it. It was darting around frantically in typical Phalarope fashion, but mostly on the far side of the river.

When it flew a short distance upriver I was the first to catch up with it and was lucky that it came a bit closer briefly. Upon closer inspection of my photo we came to the conclusion that the bird was in fact an adult Red-necked Phalarope in moult – some of the red on the side of the neck is still visible.



This is a species that has never been recorded in Cardiff before. In winter plumage it looks very similar to a (less rare) Grey Phalarope; it is mainly distinguished by a finer, almost needle-like beak.

Frank Sengpiel

This is an amazing piece of news and well done Frank for seizing the opportunity and then sharing it with us. We like to think of Forest Farm as a haven for wildlife and this sighting just goes to demonstrate how important it is. This is a rare Red List bird. Here is the link to the RSPB for further details. https://www.rspb.org.uk/birds-and-wildlife/red-necked-phalarope (Editor)