



# Friends

of FOREST FARM COUNTRY PARK  
and GLAMORGANSHIRE CANAL  
LOCAL NATURE RESERVE  
**Issue No: 97     September 2015**

website: [www.forestfarm.org.uk](http://www.forestfarm.org.uk)

## 25th Anniversary Edition

*"A warm welcome to all members of the Friends of Forest Farm Country Park in this our first Newsletter".* These were the first words printed in the April 1990 single sheet newsletter. The launch meeting held in Bethel Church vestry on 14th March had brought in 39 families as members.

The main objective of the Friends was **and still is** to *"contribute in whatever way possible in protecting and developing, in an urban setting, this area of countryside as a valued amenity and a nature reserve for the observation and study of flora and fauna in their natural habitat."*

*We trust our purpose will enhance the enjoyment and quality of life for an increasing number of members of the public."*

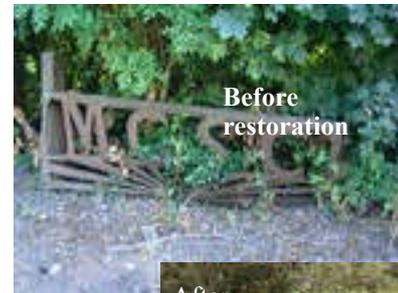
A steering committee was set up with **Steve Miles** as Chairman, **Dennis Davies** as Secretary, **Ted Edwards** as Treasurer, **Stephanie Crocker** - membership secretary, **Ken Patterson** newsletter editor and **Dave Jennings** for Publicity and Events. There were 3 technical advisors; **Dr Mary Gillham** Natural history, **Mrs Mairead Sutherland**, Ornithology and **Mr Chris Small** BTVC.

We are the beneficiaries of their initiative, hard work and perseverance. Its up to us to continue their good work so thank you to all our members for your continuing support.



Orchard - started 2007,  
This photo taken 2014

### Projects in Recent Years



The gate of Melingriffith Sports Club. - part of the history of the area.



Pond in 2014 - now well established. Sadly the 'roundhouse behind has since been burned down



The Mary Gillham Wetland digging out underway



The wetland completed - but before planting

**C&G Energy Ltd**

*C&G Energy Ltd (Heating, Plumber and Energy Surveying) are committed to supporting the local community and **have contributed to the cost of this newsletter.***

**Editorial**

Is it really 5 years since we had the last special edition? Doesn't time fly when you're having fun!

I hope you enjoy this **25th anniversary 16 page , colour edition** newsletter, kindly supported by **C&G Energy Ltd** - for which we are very grateful. We are sharing some photos of the Reserve over the years. (pp 7 -10) for which I would like to thank members and in particular to Sarah Jones for her 1984 photos. We would like to improve our archive - in terms of quantity and quality, so do get in touch if you have any more.

You can see that a lot has changed, how open the area was in the early days. It reinforces the need for proper management and maintenance of the Reserve - as referred to by the Rangers and the volunteers in their reports. We work in partnership with the Council and their Rangers and are delighted that an initial conservation survey of the canal has (by now) been carried out. The canal is in desperate need of attention, so we are hoping much needed action will be the result , though inevitably this will be a long job. (pp5-6 )

Its not all gloom and doom! With the help of the Rangers over the years, we have completed several projects; we still have a full wish list! We had a lovely day in June on our summer trip (p 14) Come to our Open Day, enter the photo competition, join in the fun on a volunteer day (ref Paul Pinnell's report), hear about Wildlife friendly gardening on 18th November.

Finally, did you notice our new digitised logo? Thanks to our webmaster Matt Lock. And last but not least, my thanks to you all - where would we be without you?

**Sheila Austin**

**Membership - Pauline Fisher**

This currently stands at 373! A very warm welcome to **10 new members**; 3 joined at Rhiwbina and 4 at Whitchurch Festivals.

If any members already receiving the newsletter via email are uncertain when their annual membership expires, please get in touch with me.

**8 Woodland Rd  
Whitchurch  
CF14 2BU**

*Friends' Open Day*  
*Saturday 10th October*  
*10.30 - 15.30*

**Wardens Centre, Forest Farm Road,  
Whitchurch CF14 7JJ**

**Events for all the family**

- Apple pressing ... and tasting
- Wickerwork
- Pond dipping
- Photo competition winners and prizes!
- Refreshments
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- and worm charming!!

**Deadline for articles for next newsletter - 8th November 2015**

**See back page for contact details**

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## Reserve Report

by **Paul Pinnell - Ranger**

Someone has been putting up signs to ban dogs from the Reserve ('Nuts and their mutts'). Please stop. The Council and the Friends of Forest Farm do not endorse this policy. However, we would like owners to stop their dogs going into the canal. There are fewer birds nesting due to dogs in the canal and - for all to see, the tow path is eroding rapidly!



Erosion of the tow path. Photo Sheila Austin

This Autumn the Rangers will be thinning the trees between the hides and along the canal to let more light in and to encourage more flowers to grow. We are also turning the two pond field back to a mini meadow as it has become so overgrown over several years; the scout field is going back to being a meadow as well. People know a meadow is beautiful to look at, but it really is important for insects, butterflies, bees and birds.

The Cardiff Rivers group pulled a lot of trees and dead wood from the canal, by the hides)

and made a dead hedge under the Rangers' supervision. (A dead hedge is made by putting stakes in the ground, then using the dead wood and trees we have cut down woven between the stakes and nature will do the rest.) I would like to thank the Rivers group - who will be helping the Ranger service a bit more in the future.

Regular walkers around the Reserve will notice we (the Rangers and volunteers from the Friends of Forest Farm) are trying to make as many hedges as possible because they are so important for all sorts of wildlife.

Well, the Friends are celebrating 25 years as a group and now have over 360 members. I have only been here 5 years and would like to thank everybody for their part over the last 25 years and for the next 25. The Friends have done a great job since they started up in support of the Ranger service, practical as well as financial. Now as the budget cuts really kick in, the Friends of Forest Farm are helping us to fix things around the Reserve which the Ranger service would not have been able to do.

It is a pleasure to work with the Friends volunteers; it is fun and we do a good job at whatever task. I even changed my shift pattern to work with the Friends volunteers!

On behalf of the Ranger service, MANY MANY thanks again and congratulations on your 25<sup>th</sup> anniversary.



A dead hedge. Photo Wikipedia

**Cardiff and District RSPB  
Conservation Group . . .**

**. . . Doing something positive**

The nest box and wildflower survey at the end of May was on a dry and sunny morning. We only had one keen volunteer to tackle the wildflower survey and four of us to check the boxes. Checking the wildflowers on your own is never an easy task; it always helps to have someone else to confirm notes. The weather makes a difference to what you find - whether it is a late or early spring. The morning tally was 24 plants from our list.

The weather also plays its part in the success of our boxes. Out of our 14 boxes, 10 were occupied. The highlight of the morning was nuthatches - they had used two boxes. There were 5 young ready to fledge and in the other box, the birds had flown. The rest of the boxes were evenly divided - Blue tit, Great tit. Although in two boxes nests had been started, one was empty and there was a wood wasp in another.

June was our last work party on the Reserve before the summer break, and we were greeted with bright clear blue sky. Unfortunately, there were only four of us to tackle the job for the morning - pulling Himalayan balsam which is labour intensive. The Warden and two others went off to tackle that job. The strimmer was put into action cutting Rosebay willowherb and later in the morning the Warden joined the task; two strimmers in operation enabled us to cut back a good swathe of this invasive plant. Keeping it in check is allowing the common spotted orchid to develop along with other wildflowers. The programme of spraying Japanese knotweed has started to have the desired effect.

**Programme**

*Conservation work at Forest Farm will be held on the following dates.*

**Meet at Middle entrance, Longwood Drive , Whitchurch**

**Saturday mornings 10.30 - 12.30**

<b>Sept 26th</b>	Meadow area general clearance/balsam
<b>Oct 31st</b>	Scrub coppicing
<b>Nov 28th</b>	Clearing dead wood

The group works for a few hours during the morning roughly once a month. It is not particularly strenuous, similar to an active gardener (you just work to your own level).

If you would like to get involved ... just turn up or better still, give me a ring

**Hugh Harrison**  
029 20704889

**\*30TH SEPTEMBER**

The final date for  
submitting your Forest  
Farm photograph in our  
competition.

2 age categories  
Adults / children under 16

**PRIZES!!**

email photos to  
photocomp@forestfarm.org.uk  
or  
editor@forestfarm.org.uk  
or  
send to editor's address (see back  
page)  
or  
give to any Committee member

**Woodland  
Management Team**

The Council's Woodland Management Team has arranged for contractors to clear areas under power lines near Longwood Drive.

They, and the contractors, have also done or are planning the following work. Rolling the bracken at the top meadows, cutting the small top meadow and a large section of the main meadow.

Extra coppicing to break up the woodland edge and removing self-sown tree vegetation from the remains of the old bridge is also planned - and to remove several large trees overshadowing the canal inlet - which should help the yellow flag iris

## 'Project Kingfisher' - The canal

The committee, and our members, have been concerned over a number of years about the continued deterioration of the canal both as a wildlife habitat and from a historical perspective.

The Rangers and volunteers have been making repairs to the tow path, but this is only a small part of a large problem. In the last year we have been working with the Council to provide a long term answer to the issues of the canal.

At the AGM I asked the membership for permission, which was granted, to use our funds towards a feasibility study into the canal and the surrounding area.

This study is 'a range of environmental surveys that will inform the production of a conservation management plan for the Glamorgan Canal' and will report on the following areas; biodiversity, alien species, scientific analysis of the silt in the canal - also how this can be removed, options for replacing the canal banks and finally preparing a report to take the project to the next stage.

The objective is for the Council to approach the Heritage Lottery Fund to provide finance for this major project.

Whilst, a final solution maybe some time away, this is an important stage in the long term future of the canal which hopefully will be started by the time of its 225th year in 2019!

**Martin Chamberlain**

**Nicola Hutchinson**, Conservation Officer with Cardiff Council has added the following:-

The survey work starts this week\* as the weather is good and it's taken longer than hoped to negotiate through our procurement regulations.

The survey comprises of a variety of areas from biological survey through to looking in detail at the silt, and its composition. The conservation plan which will be produced will be able to form the basis for funding bids to assist with the management and restoration of the canal. It is being carried out by Frog Environmental and the work is not only being generously supported by the Friends but also by NRW (Natural Resources Wales) and Cardiff Council.

\* i.e. week commencing 17th August.

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*(This is an email we had from **Aled Evans** after the last edition went to press. In the context of the canal and volunteering, it seems an appropriate time and place for its publication Ed)*

*"I wish to express some concern as to the state of the canal towpath. It's an issue that needs addressing with some urgency.*

*There are 4 sections, between the end of the canal and the lock, where it meets the pathway to the weir, where the erosion of the towpath extends over a metre from the canal edge, and reaches halfway or more across the towpath width. This is getting visibly worse as each winter season passes. Now that path is popular with family groups, children in buggies, pushchairs, scooters; and people like me who use a mobility scooter.*

*One of these days a wheel will slip, and something or someone will end up in the canal.*

*I appreciate that the original stone has been removed over the years – sometimes to be used as building material in cottages, sheds etc.. but enough is recoverable within the park, from fairly close to the canal – to be reused usefully.*

*(Continued)*

*This we really need to avoid, and corrective measures are more than overdue. Yes I know application for funding has been made, but cannot some work begin in anticipation of funding? And I mean proper shoring up of the canal bank, using stone – rather than a matrix of twigs and buried sticks.. which is at best temporary.*

*So that's my call – please let's repair the towpath, which is a vital part of the Park's heritage.*

*Aled Evans*

## Radyr Hydro scheme

Regular visitors to the Reserve will now have seen the diversion in place on the Taff trail as a result of the start of works on the Radyr Hydro Scheme. You will also know that this is a 40 week project.

We have received the following information from Adam de Benedictis, Energy Manager, Environment, Cardiff Council.

“The Taff Trail is diverted but this is in fact temporary (as they construct the access road to site) and the actual diversion will take place as of Tuesday next week (i.e 25th August) and will divert the trail onto the footpath adjacent to the Taff Trail which is off road and safer.



Preparatory work Longwood Drive

The construction is up and running and piling works are likely to start next week for cofferdam works which is when the construction can really commence. We are still scheduled to reach our December deadline for connection to the grid. The scheme is then likely to be fully completed by March 2016.”



Taff trail before actual closure

## The Orchard 2007 - 2015 - John Harding

Here is an update on how many trees there are in the orchard and when planted.

With the completion of the pond in September 2007, the Friends of Forest Farm thought planting an orchard with mostly native tree to South Wales would complement it.

<u>When planted</u>	<u>No.</u>	<u>No. adopted</u>
November 2007	11	10
December 2009	20	7
November 2009	18	9
February 2011	8	3
November 2011	6	
February 2015	4	4

A total of 67 trees, 33 of which have been adopted

On our OPEN DAY October 10th 2015 all the trees will have labels on with information about them.



September 2015

## Forest Farm 1948 - an aerial photograph by the RAF found at the Wardens Centre.

From the collections of the National Monuments Record of Wales: © MoD 1948



On the following pages are a small selection of photographs of Forest Farm at different times. Some are from a collection by **Ted Edwards** \* which he donated to us. Ted is one of the founding members of the Friends. **Sarah Jones** \*\* responded to our request for old photos of the area - taken for a project in 1984. Others have been submitted by members of the Committee or found at Forest Farm having been donated previously §. My apologies if some of the latter are not properly attributed, and my grateful thanks to all the photographers. We still welcome more photos for our archives. (Symbols on photos denote contributors)  
Ed.

### The Farm



1990's §



2015 §



1984 \*\*

Left: Forest Farm buildings. Middle: Forest Farm with the pond in front, now pretty well dried up and scarcely visible. Right: Ready for the Rangers to move up and its new life as their base and as a Conservation Centre.

### Disabled access, south side of the Reserve

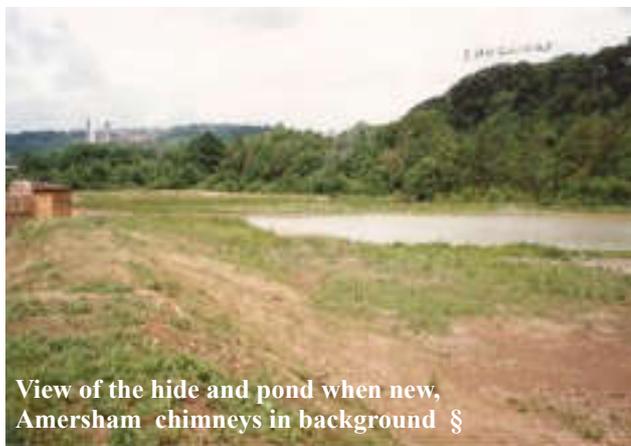


Under construction June 1992 §



Summer 2015 §

### The hides



View of the hide and pond when new, Amersham chimneys in background §



Old view from the hide §



Building the Sand Martin wall at Llyn Brwnog hide 1996 §

## The Canal



1984 view of the canal \*\*

Above and middle:  
How different the tow path looked in 1984.

Right: After repairs to the canal edge October 2003.



Canal and towpath 1984 \*\*



Towpath repairs complete 2003 §



## The Meadow

Top:  
Earlier photo of hospital meadows.

Middle:  
Overtaken by ash saplings and bramble.

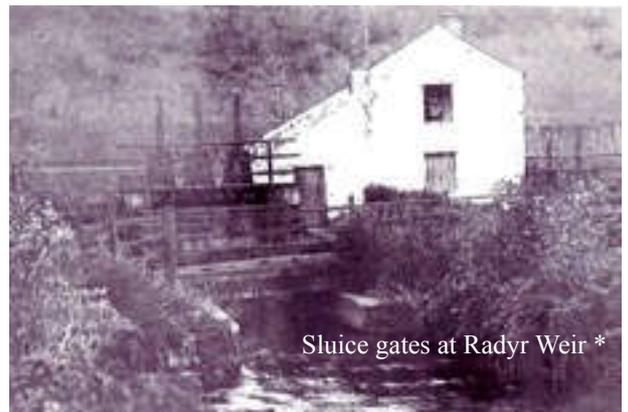


Flowers will grow if allowed to!

All photos of meadows by Committee members.



## Sluice gates Radyr Weir



Sluice gates at Radyr Weir \*



Sluice gates still there along Taff trail, House long gone §



1984 From Longwood overlooking canal in the foreground. \*\*

Left: Early views of the area showing how open it was.



1992 Hedge laying- Amersham factory chimneys visible §



1992 Walk of Naturalists and the Friends. See blue motorway sign on right §

Right: More recent general views of the Reserve. The aerial shot by Radyr weir was taken after the trees were felled and before the work started on the hydro project.



These are three awards to the Friends of Forest Farm, all awarded in the 1990's.

## Tree Walk in Forest Farm Nature Reserve - July 2015 with Barbara Brown (OPAL\* community Scientist)

by Albyn Austin

Barbara Brown led about 14 of us on a tree walk round the Reserve. She issued us with a comprehensive pack with colour pictures and details to help us identify different types of trees. We began by inspecting a few; firstly, we looked at an Oak. Barbara explained that there were two main types in the UK, the **British or Peduncular Oak** and the **Sessile Oak**. The British Oak has acorns on stalks – peduncles, while the Sessile Oak has stalkless acorns – sessiles. We identified the tree as a sessile oak. She explained that the first leaves on the trees had no tannin in the leaves meaning they were palatable to a wide range of insects and other organisms but especially caterpillars. A whole ecosystem has developed to live off the caterpillars, eg, blue tits use them to feed their young. A second flush of leaves have tannins in them; thus they are less palatable to predators and explains the autumn colours when the green chlorophyll disappears.

We next looked at a **Silver Birch** which produces dappled shade enabling lichens to live on their trunks. Lichens are a whole family of organisms that are part fungus and part algae living together. The brighter coloured ones eg. yellow, denote high levels of pollution. Our lichens were pale green i.e. a clean environment

A **Horse Chestnut** was the next. These are not very common in the UK and were introduced for their white flower candles in springtime. Since 2002 a new pest has struck them - a leaf miner. This is a small moth which lays its eggs in the leaves and the caterpillars feed inside the leaf. The leaves are often full of holes where tits have pecked the leaf to obtain the caterpillar. The leaves turn brown and fall early but it does not seem so far to be too serious an effect on the tree.

**Sycamores** are not a native tree but have been in the island a long time. They are especially useful as a windbreak in upland areas. The leaves develop dark blotches – “tar spot fungus”, not especially harmful. The average number of tar spots on leaves indicates the degree of pollution in the environment. In very polluted areas the leaves have no or very few tar spots.



The leaf and acorn of a British oak



We found an **Elm** sheltered by other trees which so far has not been found by the beetle which causes Dutch Elm disease. Elm has not disappeared from the UK but only grows to small trees, about 20 years old, before the beetle finds it and spreads the fungus that ultimately kills the elm. However, the roots sucker and new elms start to grow again

Other trees we looked at were **Alder**, which fixes nitrogen, **Aspen** (Poplar), **Cherry**, **Elder** (elder flower champagne and elderberry gin), **Field Maple** (good for insects) and two species of **willow**, which looked very different including Goat Willow (pussy willow).

Barbara also pointed out the songs of various birds though we saw very few. At this time of the year the young have fledged and the adults are moulting which means they cannot fly very well and so keep under cover.

A rare sight - a mature elm tree. You can see one outside GMB offices in Cardiff.

(continued overleaf)

The **Great Spotted Woodpecker** makes a tweet tweet call. The little **Wren** makes a loud call which contains long trills while the thrush repeats its song three times.

We then went to the site of Forest Hall (the car park area on Forest Farm Road). This has a small arboretum of unusual trees. She pointed out a **Walnut** tree (unlikely to produce nuts in the damp climate of South Wales), a **Spindle tree** (this used to be used for spindles) and an **American Redwood**. Barbara showed us how to measure the approximate height of a tree. We used a scale on paper to fix the height and then got a colleague to place their hand at 10% of the height. This could be measured easily enabling the overall height to be calculated. We then had a competition to identify 6 trees in the area using the information supplied – Silver Birch, Cherry, Hazel, Ash, Elder and Lime

Finally we surveyed a medium sized Oak for tree diseases. We identified it as an British Oak, *Quercus Robor*, rather than a Sessile one, *Quercus Petraea*. Barbara said hybrids between the two types did occur and numerous other oak species had been planted in the UK as ornamental trees. We examined the trunk, branches and leaves for signs of fungal or insect attack. The tree turned out to be very healthy and vigorous, which was good news with stories of oak trees dying elsewhere in the UK.

We thanked Barbara very much for a most interesting and informative morning.

\* OPAL - Open Air Laboratory - a community science project started nationally 2007 and funded by the Lottery. Lots of activities and surveys to participate in. See their great websites; I especially liked [www.opalexplornature.org/](http://www.opalexplornature.org/) - Ed.

## **NOTICES ON THE RESERVE - Martin Chamberlain**

A number of notices entitled " Nuts with Mutts" have been placed on the Reserve by an unknown person complaining about dogs on the reserve and wanting the Council to implement a complete ban.

Unfortunately, notices were also placed on our notice board implying that this was the view of the Friends Of Forest Farm. I have been contacted by a number of members and non members complaining about the content of these notices and asking why the committee was taking this stance.

In addition, the Rangers have received complaints including one formal complaint concerning the Friends and these notices.

Whilst, there are is always a minority of dog owners who do not keep their dogs under control, clean up after them and allow them to go into areas they should not, ie the canal, the majority of dog owners are using the Reserve responsibly.

There are also no legal powers for the Park Rangers to impose a ban, which they have no plans to implement.

This incident has caused reputational damage to the Friends that we will have to have to work to repair within the following months.

We are sad to hear of the recent death of **Alastair Meikle**.

Latterly, Alastair had joined in our Committee meetings. He was a supportive member, doing what he could. But, he is probably better known to the Friends for his skilled wood turning with his son at recent Open Days.

We will miss him.

*Friends* of Forest Farm

November 18th 7.30p.m.

***Wildlife Friendly Gardening  
by Marc Calton***

Ararat Church, Plas Treoda  
Whitchurch. CF14 1PT

ALL WELCOME.

## **Volunteering - and New Mid-Week Opportunities**

*Our volunteers have been working on various tasks throughout the summer. In June we were spreading seeds to provide winter feed for seed eating birds in two areas in the field front of the Wardens centre. Unfortunately, a lack of rain in the following weeks reduced the display but this should improve as we move into autumn.*

*In July following the dry period we decided that we should paint the bird hides both inside and outside. Unfortunately, the weather broke on the Sunday and heavy rain meant that we could not paint the outside. However, it did give us an opportunity to stop the leaks in the by pass weir at Forest Lock using puddling clay we had purchased.*

*August saw us hay raking in the orchard where we noticed the abundance of apples on the trees some of which had caused the branches to snap. September will see us in the top meadow again hay raking to improve the habitat which will lead to more wild flowers .*

*In the next three months we will be concentrating at the bottom of the canal where we will be developing a woodland flower and plant habitat and undertaking urgently needed foot path repairs which are needed to provided access for those with mobility issues.*

*I have received a number of contacts in the last few months from people interested in volunteering but who cannot make our Sunday sessions due to family or other commitments.*

*To meet this demand on the second Wednesday's in October, November and December we will be undertaking volunteer sessions from 10:00 to 1300. This volunteering will be led by our Rangers and our Chairman John Harding.*

*If you need more information on volunteering please contact ;-*

**Martin - Sunday sessions 07952 926145**

**John - Mid Week sessions 07977881757**



A young and enthusiastic volunteer - assisted by his Mum!

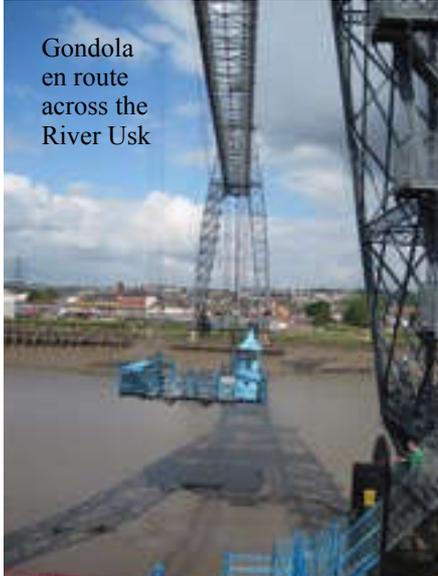
Photo - Albyn Austin



## Friends of Forest Farm Summer Coach trip 27th June 2015

What a great day we had. The weather couldn't have been better, the arrangements couldn't be faulted (thanks once again to Duncan) and we had a fantastically interesting and varied day.

First to Newport, where David Hando, Chairman of The Friends of Newport Transporter Bridge gave us a short introduction, then we had a ride on the gondola across the river - though about 20 brave souls walked across the top!



Gondola en route across the River Usk

High level walk way which some intrepid Friends chose in preference to the elegant gondola crossing.

They made it across and came down smiling !



Next, a short trip to Tintern Abbey where this group photo was taken.

We spent an hour or so there. The option then was to go to Old Tintern station for food and then to nearby shops.

Finally we set off for Veddw gardens nearer to Chepstow. What a treat that was too!

*Group photo: Duncan Hockridge  
Other photos, bottom left Chris Ball; others Albyn & Sheila Austin*



**“We live in interesting times”...**

... as the Chinese saying goes. The canal project, Radyr hydro scheme, proposed house building on hospital meadows, cutbacks in funding by the Council which affect what the Rangers can do. There is a lot going on which directly affects the Reserve, quite apart from routine volunteering and trying to maintain the biodiversity.

We have 373 members! This means the membership of the Friends has grown quite substantially over the past year. It means a lot to us that so many people care enough to join us. But is there anyone out there who could help on the committee? Please do consider it. You can come along to our meetings on an informal basis and see what you think. If you do not feel able to do that, could you volunteer to lead a walk occasionally, or arrange the talks? The committee all pitch in with ideas.

We currently have a Committee of nine members. After many valued years, Noel resigned in 2014 and Rosemary in 2015. Gavin, who has so ably arranged a great series of talks for us over the last couple of years, is no longer able to continue - though the meetings until April 2016 are sorted. Alastair, sadly, has recently passed away.

There are 10 meetings a year and they are pretty informal. One of the Rangers always attends to give us their news and views. The meetings are held on the second Wednesday in the month at 7p.m. We are looking for new members to replace the ones we've 'lost'. As in anything, many hands make light work!

We'd be delighted to hear from anyone who might be interested. Contact any committee member (Chairman John Harding and Secretary Martin Chamberlain's details are on P13), mine are on the back page, or you can use our website [www.forestfarm.org.uk](http://www.forestfarm.org.uk)

Many thanks,

**Sheila Austin**

## Events at Forest Farm September to December

DATE	EVENT
Saturday 12th September 10.00 - 12.00	<b>Wildlife Watch Club</b> for children aged 8-12 <b>Moth Trap - examination of last night's catch.</b> For more details email Gareth at <a href="mailto:gstamp@cardiff.gov.uk">gstamp@cardiff.gov.uk</a> or phone the Community Rangers on 029 2044 5903
Sunday 13th September 10.00 - 13.00	<b>Friends Volunteering Event.</b> Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch
<b>Wednesday</b> 16th September 18.00	<b>Foods of the Forest.</b> Led by Nicola Hutchinson and the Community Park Rangers. Take a pleasant stroll around Forest Farm, discover the tasty treats Nature has in store at this time of year, then taste some delicious delicacies. Meet at the Wardens Centre Forest Farm Road Whitchurch. CF14 7JJ <b>Charge £4.00 per person.</b> ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT.
Saturday 19th September 10.00 - 12.30	<b>Nature Ramble with the Friends.</b> Bring your binoculars if you have them. Meet Elaine at the Wardens Centre, Forest Farm Rd, Whitchurch. CF14 7JJ
Saturday 26th September 10.30 - 12.30	<b>Cardiff Conservation Group Volunteering -</b> Meet Middle Entrance Longwood Drive Whitchurch (off jct 32, M4) See p4 for details
<b>SATURDAY</b> <b>10TH OCTOBER</b> <b>10.30 - 15.30</b>	<b>Friends of Forest Farm Open Day.</b> Wardens Centre, Forest Farm Rd, Whitchurch. CF14 7JJ <b>Activities and displays for all the family. Refreshments. Toilets. ALL WELCOME</b>

## Events at Forest Farm September to December cont'd

DATE	EVENT
Sunday 11th October 10.00 - 13.00	<b>Friends Volunteering Event.</b> Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch. CF14 7JJ
<b>Wednesday</b> 14th October 10.00 - 13.00	<b>New midweek Friends Volunteering Event.</b> Contact John on 07977881757. Meet at the Wardens Centre Forest Farm Rd Whitchurch. CF14 7JJ
Saturday 17th October 10.00 - 12.30 approx	<b>Nature Ramble</b> with the 'Friends'. Bring your binoculars if you have them. Meet Pauline at the Wardens Centre, Forest Farm Rd, Whitchurch. CF14 7JJ
Saturday 17th October 10.00 - 12.00	<b>Wildlife Watch Club</b> for children aged 8-12 <b>Autumn Larder - See what nature has to offer.</b> For more details email Gareth at <a href="mailto:gstamp@cardiff.gov.uk">gstamp@cardiff.gov.uk</a> or phone Community Rangers on 029 2044 5903
Saturday 31st October 10.30 - 12.30	<b>Cardiff Conservation Group Volunteering</b> - Meet Middle Entrance Longwood Drive Whitchurch (off jct 32 M4) See p54 for details
Sunday 8th November 10.00 - 13.00	<b>Friends Volunteering Event.</b> Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch. CF14 7JJ
<b>Wednesday</b> 14th October 10.00 - 13.00	<b>New midweek Friends Volunteering Event.</b> Contact John on 07977881757. Meet at the Wardens Centre Forest Farm Rd Whitchurch. CF14 7JJ
Saturday 14th November 10.00 - 12.00	<b>Wildlife Watch Club</b> for children aged 8-12 <b>Autumn Art Attack. Get creative with leaves on card.</b> For more details email Gareth at <a href="mailto:gstamp@cardiff.gov.uk">gstamp@cardiff.gov.uk</a> or phone Community Rangers on 029 2044 5903
<b>Wednesday</b> 18th November <b>19.30</b>	<b>Friends Evening Talk "Wildlife Friendly Gardening" with Marc Calton to be held at the Ararat Centre for the Community, Ararat Church, Plas Treoda (on the Common), Whitchurch CF14 1PT. Tea and biscuits. ALL WELCOME</b>
Saturday 21st November 10.00 - 12.30 approx	<b>Nature Ramble</b> with the 'Friends'. Bring your binoculars if you have them. Meet at the Wardens Centre, Forest Farm Rd, Whitchurch. CF14 7JJ
Saturday 28th November 10.30 - 12.30	<b>Cardiff Conservation Group Volunteering</b> - Meet Middle Entrance Longwood Drive Whitchurch (off jct 32 M4) See p4 for details
Saturday 5th December 10.00 - 12.00	<b>Wildlife Watch Club</b> for children aged 8-12 <b>Xmas craft. Make something festive for the season.</b> For more details email Gareth at <a href="mailto:gstamp@cardiff.gov.uk">gstamp@cardiff.gov.uk</a> or phone Community Rangers on 029 2044 5903
<b>Wednesday</b> 9th December 10.00 - 13.00	<b>New midweek Friends Volunteering Event.</b> Contact John on 07977881757. Meet at the Wardens Centre Forest Farm Rd Whitchurch. CF14 7JJ
Sunday 13th December 10.00 - 13.00	<b>Friends Volunteering Event.</b> Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch. CF14 7JJ
Saturday 19th December 10.00 - 12.00 approx	<b>Nature Ramble</b> with the 'Friends'. Bring your binoculars if you have them. Meet at the Wardens Centre, Forest Farm Rd, Whitchurch CF14 7JJ

Published on behalf of The Friends of Forest Farm and Glamorganshire Canal Local Nature Reserve by  
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The Editor wishes to state that all views expressed by contributors are their own, as is the responsibility for them.