



# Friends

of FOREST FARM COUNTRY PARK  
and GLAMORGANSHIRE CANAL  
LOCAL NATURE RESERVE

**Issue No: 94      December 2014**

[www.forestfarm.org.uk](http://www.forestfarm.org.uk)

## **Your Reserve Needs You!**

Dear Friends,

*In June 2015 The Friends of Forest Farm will be celebrating its 25<sup>th</sup> Anniversary. Over these years, Forest Farm has had many threats - some of which we have won, some - including fighting planning permission for the Whitchurch Hospital Meadows, we have lost. However, we are now faced with the biggest threat to Forest Farm since our inception.*

*At the time of going to press, proposals for the 2015/6 Cardiff Council budget have just been published and they include a large reduction in the number of the Rangers. In addition there have been press reports, which have not been denied, that the Council would only be undertaking its legal responsibilities. As far as Forest Farm is concerned, this would be restricted to Longwood SSSI and part of the canal, so that no other part of the Reserve would be maintained. Forest Farm is managed by the Rangers to ensure that the different habitats are maintained, thus ensuring that biodiversity is maximised and safe access is provided, including those with mobility issues.*

*Without the Rangers and maintenance of the Reserve, the habitats and facilities that we have helped develop would soon be lost forever. Also, we rely on the Rangers for their expertise and assistance without which volunteering, organised events and educational opportunities will not take place.*

*Two of the Committee have already met with Councillor Jonathan Evans at his surgery on 15th November and we will be submitting our views about the impact of these proposed cuts to the Whitchurch and Tongwynlais councillors and Julie Morgan.*

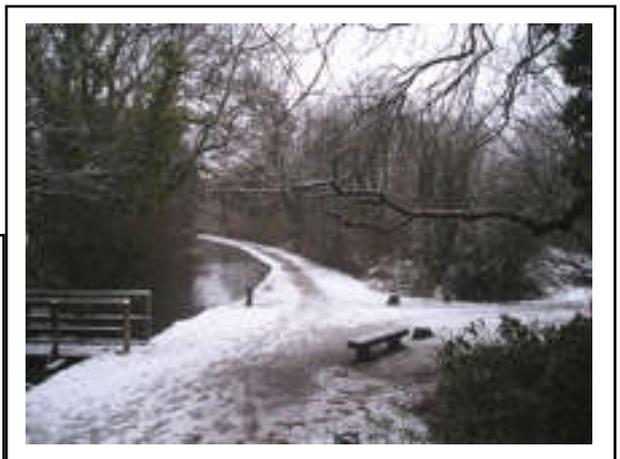
***These proposals are out for consultation until MIDDAY 12th January. If you are as concerned about this as the Committee are, we urge you to contact your local councillors and the council directly and tell them of your concerns.***

*Join us on the 11th January 2015 for our Walk Off Christmas event to show your support for the Reserve (see Events or [www.forestfarm.org.uk](http://www.forestfarm.org.uk))*

*Your Committee are of the opinion that if these plans go ahead, there will be no future for Forest Farm as we know it.*

*So please show your support for your reserve.*

**John Harding (Chairman)**



A picture of the canal in winter  
to wish you all  
Merry Christmas and  
a very Happy New Year !

Dear Friends

As you see on the front page, the Reserve is facing a serious threat from the impact of the Council's proposed budget cuts. While we know the reasons for the proposals, please do all you can to fight to minimise the effect of these cuts on the Reserve. You can contact your councillors or join in the Cardiff debate either on line or at one of their meetings. Forest Farm really does need us! - and not only for this reason - we are anxious to get some progress on the state of the canal (see p11)

On a more positive note, we had a fantastic Open Day (pp 5 & 9) - it was lovely to see so many people there. Special thanks this edition to **Barbara Brown, Chris Price and Christine Price** - not related so far as I know - who have all submitted interesting and useful articles, about an earthworm survey (p9), the continuing subject of litter (p7) and lichens (p10). Also, for a change, we have a delightful and timely story from **Stella Wells** (p4) and information about some of the people who lived on Forest Farm (pp8-9).

There are other bits and pieces of news, notices and information. talks to attend, events to join in and plenty to be done. Hardly a mention of the white stuff and reindeer (!) other than a seasonal thank you for all your support to all our members, volunteers, and last but definitely not least, the Rangers.

With best wishes

Sheila Austin

I have just heard that you can also submit comments on the budget proposals via [www.surveys.cardiff.gov.uk/budgets](http://www.surveys.cardiff.gov.uk/budgets)

Deadline for articles for next edition  
**8th February 2015**  
Contact details - back page

### Membership

Our membership currently stands at 355.

We are always very happy to welcome new members and 6 joined on our Open day in October, so a warm welcome to them. 2 existing members renewed and another on the Nature walk - so welcome back!

Thanks to you all for your continued support.

**Pauline Fisher**  
**Membership Secretary**



**Big Garden**

**Birdwatch**

**24-25 January 2015**

Please put this date in your diary

**Pick 1hr and tell the RSPB what you see.**

Wildlife Watch Club  
for 8-12 year olds

PLEASE NOTE

The turn out has been low, so the last one is on 6th Dec. The Rangers are discussing its future.

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## Reserve Report

by **Paul Pinnell - Ranger**

The Rangers have been mapping out where **Japanese Knotweed** is on the Reserve as this is an increasing problem everywhere, not just on Forest Farm.

Nicola Hutchinson (Parks Conservation Officer) has arranged with National Resources Wales (NRW) and the local Anglers clubs for NRW to spray the knotweed. If you have a problem with Japanese

knotweed in your garden, or near your property, you need to address it as soon as

possible, as it devalues your property. For further details contact <https://www.gov.uk/government/uploads/attachment>

**The canal** - work will be done to 'feather up' the trees along the towpath in order to get more light into the canal. The Rangers will be getting in the canal and cutting trees and shrubs growing out of the walls with handsaws, then we will treat them to stop them growing back.

**Hide and reed beds.** Work is also to be undertaken thinning the alders around the Llyn-y-Gamlas hide and clearance of the reed beds in both ponds.

This winter please remember our feathered friends and when we do plant our flowers, can we keep in mind the bees, butterflies, moths and all other insects. For example Ice plant, Firethorn, Barberry, Lavender, Sunflower - Look for plants high in pollen, nectar, and you will see the difference in your garden.

I would like to thank Friends of Forest Farm and Cardiff Conservation volunteers for all their hard work every

**RADYR HYDRO PROJECT:** In case you thought it was never going to happen, here is the latest update from the Council.



Photo taken on the Reserve in September by Chris James

## Newsletters by email ...

### ... a new system

We've recently launched a new email delivery system for those of you who get the newsletter via email.

Out of 187 on the mailing list, 124 have successfully opened the email. However 13 of the emails bounced back, suggesting either we don't have an up to date email address for you or possibly your mailbox is full.

This does leave about 50 of our members that have received the newsletter but never actually opened the email. It is possible some spam filters will treat the email as junk so please if you've not received the September newsletter can you add [webmaster@forestfarm.org.uk](mailto:webmaster@forestfarm.org.uk) to your email contact address book as it is unlikely to be thrown in the spam bin this way.

The 13 emails that have bounced are published online here: [www.forestfarm.org.uk/bounce](http://www.forestfarm.org.uk/bounce) If your email address is listed here then please get in touch as there is a problem! Don't worry, we're not publicly listing your email addresses.

These links can also be found on our facebook and twitter pages.

**Matt Locke**

*"The latest update is that we have gone to the market for expressions of interest and have recently shortlisted. These contractors will be invited to tender in November and the contract is due to be awarded in January 2015 with completion by December 2015."*

**Sheila Austin**

## Food for Survival - A story by Stella Wells

A brand new duvet of snow lay over the garden, forming odd shapes as it covered plants and flower beds. Everything looked clean and peaceful. Mrs Lewis looked out from her kitchen window and worried about the birds and animals who were going to find it difficult to survive these conditions.



Hopping about amongst the apple trees in the small orchard, a jay was trying to remember where he had hidden his collection of acorns. The world looked so different this morning. He stopped and put his head on one side, his multi-hued feathers glowing softly in the wintry sunshine. He tried to clear the snow from a possible hidey hole but failed as it was just too deep.

Blue tits and the bully boy great tits flitted about impatiently as blackbirds clucked anxiously in the holly bush. A rotund robin, his feathers fluffed up to protect him from the cold, piped quietly in the gooseberry bush, knowing that his wait would soon be over.

Mrs Lewis's garden was huge, full of trees, shrubs and as many flowers as she could find space for. In the spring and summer she proudly showed off her bee and butterfly friendly flower beds and borders to her friends. The autumn provided a rich harvest of nuts, berries and fruits, most of which were eaten by the wild birds and animals whose numbers seemed to swell year on year. Now that winter had arrived, she knew that she would have to make the first batch of bird cakes.

As she drank the first cup of coffee of the morning, feeling the warmth of the liquid flow through her body, she prepared the makings of a nutritious feast for her birds. Taking the lard from the fridge, she sliced it and put it in a saucepan on the stove. In a huge mixing bowl she mixed oatmeal, bread crumbs, grated cheese, sultanas and suet. Then she added her secret ingredient – dried meal worms – knowing that the birds would love these. Once she had stirred the melted lard into the mixture with a large wooden spoon, she ladled the paste into half coconut shells and plastic trays and left them to cool.

At last the food was cool enough to put **out in** the garden. Mrs Lewis trudged through the snow to the regular feeding station, a big flat rock in the orchard. As she approached, the jay flew up into the air screaming “Stranger! Danger!”, and landed in an apple tree where he watched Mrs Lewis put out their food.

“Silly bird.” muttered Mrs Lewis. “You're bigger than any of the other birds but you are always afraid of me aren't you? You should be used to me by now.” She tied some coconut halves to the branches and spread some of the bird cake on the rock. “That should keep you going my dears.” She trudged back to her cosy kitchen and watched her feathered friends feast on the cake as she made a mental reminder to herself that she must put out some food for the fox before it gets dark.

**“Fungi.  
the Good, the Bad and the  
Ugly” - Professor Lynne Boddy.**

**Evening Talks**

**‘Cardiff Bats’  
- Dr Alexandra Pollard.**

**See Events on  
back page for details**

## OUR OPEN DAY IN OCTOBER

We had a very successful Open Day with over 100 visitors, some of whom had never been to Forest Farm before. There was a lot of interest in all the activities and we welcomed 6 new members.

Our orchard. John had prepared the labels to show all the different varieties.

*Sorry no pictures of the tasting but I can confirm the two I tasted were delicious! Ed*



Matt's pet corn snake called Dexter enjoying the attention of a young visitor.



Right, a Vorwerk chicken in its special display pen; one of the prize winning fowl from Onnllwyn Eggs.

Linda, with some of the eggs for sale.



The newly restored and painted Melingriffith Sports Club gate on display specially for the Open Day.

Everyone seemed to have a good time.

There was a lot of interest in all the activities and displays; the domestic fowl and sale of eggs, water divining, walk around the reserve, the orchard, apple pressing and sampling the apple juice, and last but not least, the earth worm survey. One person brought some old photo's for scanning\*\* (see P7)

Refreshments were available, the tea, coffee, toast went down well. and one person 'adopted' one of the trees in the orchard (£30) ,

I would like to thank the Rangers for their help in preparation and on the day itself.

**John Hardina (Chairman)**

*My sincere thanks to Joy Hockridge and Matt Locke for the photos. Ed*

## **Cardiff and District RSPB Group - Conservation Group**

### **. . . Doing something positive**

September saw us back on the Reserve after the summer break. You are never quite sure what has grown during those summer months. Our task for the morning was clearing an area which we plan to establish as a meadow strip roughly the size of a football pitch. The area was completely overgrown with dogwood saplings and rosebay willowherb. It all looked daunting with only 5 of us. Nevertheless with sickles and loppers plus 2 strimmers in action, the task progressed well. Working from both ends, we eventually met in the middle. It was a good morning's effort though we have not completely cleared the area.

October found a rather depleted group - only 2 of us. Plan 'B' came into effect. The week leading up to Saturday had been wet and in the morning, plenty of rain around the Cardiff area. With that in mind and only 2 of us, we decided to clear the Japanese knotweed and brambles on the road verge alongside our planted hedge. This is progressing well, especially the hazel which needs trimming again. We finished the morning in the rain.

### **Programme**

Conservation work will be held on the coming **Saturday mornings 10.30 - 12.30**  
**at Forest Farm Longwood Drive Whitchurch**

<b>January 24th</b>	<b>Clearing dead wood &amp; thinning out weak trees Middle entrance</b>
<b>February 28th</b>	<b>Scrub/coppicing clearing Top entrance</b>
<b>March 28th</b>	<b>Clearing undergrowth/checking for dumped rubbish Middle entrance</b>

The group works for a few hours during the morning roughly once a month. It is not particularly strenuous, similar to an active gardener (you just work to your own level).

If you would like to get involved ... just turn up or better still, give me a ring

**Hugh Harrison** (029 20704889)

### **Old Photos \*\***

Do you have any old photographs of the area of Forest Farm especially in Whitchurch and Llandaf North? What was the area like before it was a Nature Reserve, or during its 20+ years of development, or do you have any photos of the Glamorganshire Canal?

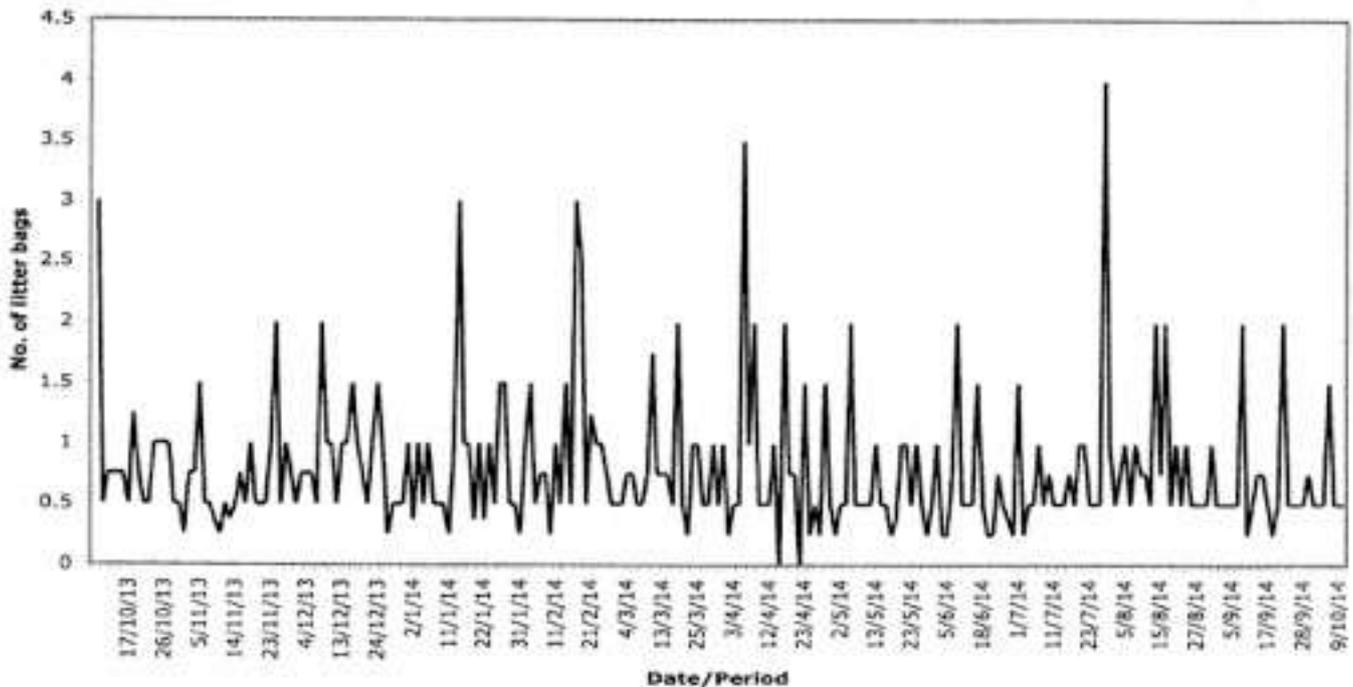
We are building our library and archive and if you would like to include your photograph in that, we are able to scan it and return it to you. Your name and anything you can tell us would of course be attributed.

If you are interested please contact one of the Committee personally, or by email to the editor, or through our website ([www.forestfarm.org.uk](http://www.forestfarm.org.uk)) or bring them along to one of our events.

## Longwood Drive corridor - annual record for litter collection

The final date for litter bag collection was Friday 10th October. The total number of bags collected over a 245 day period throughout the entire corridor has amounted to 195 bags. This equates to 0.8 bag of litter being collected daily, on average this amounts to virtually 1 green bag of litter/day as confirmed by Paul Pinnell (Ranger).

Longwood Drive - Daily Litter Counts (Oct 2013-Oct2014)



The above gives some indication of what is happening throughout the course of a year and is used as a marker only. It is normally the case that the peaks are recorded at the beginning of each week. If left unregulated, this will have long term repercussions for the SSSI site and middle section of the Reserve in particular. The impacts to flora and fauna from these activities are detrimental and amount to gross habitat destruction. For example, discarded cans and bottles are death traps for small mammals and insects, as they cannot escape from them. This has been proven over the course of daily litter collections along the corridor. Litter in a Nature Reserve is an aesthetic problem. Plastics have long biodegradation periods in the soil and so forth.

The actual amount of litter collected over this period amounts to approximately 16.25kg per day being removed from the entire length of the corridor. My thanks to Paul Pinnell and Adam Chiles for their continued input in addressing these ongoing issues.

**Chris Price**

I am told that the estimated financial cost of this litter picking, if Chris did not give his time as a volunteer, would be in the region of £800 a year. Ed.

## People at Forest Farm

This is the article held over from the last edition due to lack of space - not a problem I have ever had before!

Interestingly, I have recently had information from 3 different sources about people from different families who lived on Forest Farm. The time span is from 1829/30 to well into the 20th century.

The first is the **Brown** family, who lived at Forest Farm. We have mentioned them before in the newsletter through Denise, a descendant, and I thank her for sharing this information with us. She showed me a copy of the will of her ancestor "Mary Brown late of Forest Farm in the Parish of Whitchurch". It is dated 1855. An inventory is attached and is comprehensive and most interesting. It *includes* the following:-

2	Carthorses ea. £20	2	Waggons 1 - £9, 1 £12
1	Two year old filly £25	4	Iron ploughs ea £2
1	Heifer in calf £16	1	Turnip slicer £1 10s
32	Breeding Ewes £2 ea.	4	Stacks of Hay 24 tons £96
1	Sow and 9 pigs £6		Furniture, dairy utensils and clothing

It shows that a fully functioning mixed farm was operational at that time.

Mr Brian Mead sent me information about his relatives, the **Troake** family. The picture below (left) is of his grandparents Mr Samuel Troake, a farmer, and his wife taken in the 1920's.



In 1928, Mr Troake was the bailiff of Forest Farm when their daughter Charlotte Sophia married Daniel Mead; the reception was held at Forest Farm.



Wedding photo of Charlotte Troake and Daniel Mead. Summer 1928.

The third photograph (opposite) was taken about 1990 also at Forest Farm. This is Mr Mead's mother (nee Charlotte Troake), with Mrs Harris who had lived in one of the farm cottages. Mr & Mrs Daniel Mead lived in Ty Mawr Rd after their marriage and Mrs Harris moved with her husband "Ivor" to a shop in Llandaf North.

Brian told me he remembered that when he was young he used to 'cadge' a lift on the canal boats. He remembered that a lady in the end houses used to lower down tea to the bargee, who then sent payment back up.

The third person mentioned in connection with Forest Farm was **Billy Miles**. We were told about him by Bill Gully who we met in July walking along the canal with his border terrier. He said Billy used to live in the cottage by Middle Lock; he thought he was once the lock keeper.

**Sheila Austin**



## **Nature Walks in Forest Farm**



The monthly walks in Forest Farm continue on the third Saturday of the month, 10 a.m.

starting at the Wardens' Centre Forest Farm Rd, Whitchurch - but at present we do not have a regular guide. We are very grateful to the people who have stepped in to help out.

There is plenty to see, salmon have been in the Taff and on a brief visit to the Reserve mid afternoon in early November we felt lucky to see a kingfisher from one of the hides. We sat and watched it for quite a while. There were also some snipe - and as many ducks as I've ever seen in the canal. The thinning of the foliage now will offer more opportunities to see some of the many birds in the Reserve.

If you, or anyone you know, could spare a couple of hours one Saturday morning to lead a walk, do please get in touch. Often others in the group have expertise and knowledge to share - so don't think you have to be an expert!

**Sheila Austin**

## **Earthworm survey**

**Barbara Brown**

How many different species of Earthworm do you think there are in the UK? Well, at least 27 are present in Britain and Ireland and it is possible to identify at least 12 of these with a careful look.

On Forest Farm's Apple Day on October 11<sup>th</sup> several families took up the challenge with my help.

Everyone, especially the children in the party, enjoyed digging and looking for worms. Using the Opal (Open Air Laboratory) fold out key and pack we tested the soil's pH, lime content and texture, trying to coax out some of the worms living deeper down with some mustard. (This was not, as might have been suggested, provided to season a worm sandwich!)

Then we tried to identify our worms. This proved tricky as most were immature worms which have not yet developed a saddle. Few young worms can be reliably identified, so these we quickly returned to the soil. Most of the adults proved to be Lobworms (*Lumbricus terrestris*) which have characteristic tails they can flatten to anchor themselves in their holes.

After a few seagull worm-luring dances, we returned our catch to their underground world where they will continue to produce and aerate the soil for all those apple trees.

If you are interested in the Opal soil and Earthworm Survey, free packs can be downloaded from [www.opalexplornature.org](http://www.opalexplornature.org) and see activities run by Barbara Brown, Opal Community Scientist, Museum of Wales at [barbara.brown@museumwales.ac.uk](mailto:barbara.brown@museumwales.ac.uk)

## *Lichen Study*

On Saturday 8 November, four of us met up with Barbara Brown at the Wardens' Centre to learn more about lichens and air quality. Barbara is a Community Scientist with OPAL (Open Air Laboratories) and she provided us with an interesting and very educational session.



Flavoparmelia - one of the lichens we found which can survive intermediate levels of nitrogen.

Photo: Wikipaedia

Although nearly 1,400 lichens have been recognised in the British Isles we, thankfully, were to concentrate only on nine types. The lichens that concerned us were being used as indicator species for two types of pollution that contain nitrogen: ammonia and oxides of nitrogen. These types of pollution are not readily detected – for example there are no visible airborne particles.

We started the session indoors where Barbara provided us with Air Survey Field Packs as well as lots of information about lichens.

Some subjects covered include the symbiotic relationship between the algae and fungus that form lichens; distribution; reproduction and classification as well as the importance of lichens to the environment and indeed our health.

It is quite amazing to think that these little, often overlooked, life forms are so primitive yet so complicated and successful. They are found everywhere from walls and pavements to trees and rock faces. In some environments they are the first life forms to be able to colonise an otherwise inhospitable habitat. Their existence in such locations in turn provides habitats suitable for other life forms to establish themselves.

Yet there are still so many questions about lichens for which we have yet to find answers.

We were given specimens to examine and compare with our identification chart, then ventured outside to study some trees; the Air Survey only involves lichens that occur on trees. We headed for the picnic area adjacent to the car park. Lichens need light. Our first tree was a Silver Birch. Barbara led us through the procedure for obtaining the required information to fill in the Field Notebook. The second tree we studied was a Rowan and this was mostly done by the group under Barbara's watchful eye.

Unfortunately by then, time had caught up with us and the session had to be drawn to a close, just as the heavens decided to open up.

The lichens identified on the 2 trees we looked at were those indicative of a clean air quality, although the coverage of each was not large. Some were classified as intermediate lichens - to be found in clean *and* polluted conditions but others identified were those *only* found in areas of good air quality. Lichens known to thrive in high levels of pollution were absent.

When home, all that was left to do was to complete the survey by uploading the results to the OPAL website. This was a simple enough procedure to do. Such projects as this allow the small contributions

made by individuals or groups (especially as laypersons) to be collated in order to build a whole picture of our environment and what is happening within it.

This proved to be a very enjoyable and informative session. It was a good basis to start learning about this large, complicated and widespread plant form. The added bonus of course is that we are now able to do our little bit to help look after our environments. I will certainly be out and about with my Identification Chart and Field Notebook.

For those that were unable to attend Barbara's session, information and resources about the lichen Air Quality Survey (and lots of other info.) can be found at the OPAL website [www.OPALexplorenature.org](http://www.OPALexplorenature.org)

*Christine Price*

## "Project Kingfisher"



For many years your Committee have been trying to resolve the continuing issue of the deterioration of the Glamorganshire canal. We have formally initiated a project we have named 'Kingfisher' which will be in three parts. Part one will be a feasibility study into the costs of restoration, part two is obtaining funding and part three the restoration itself.

Under part one, a meeting has been held with the Heritage Lottery Fund to understand their requirements and as the newsletter goes to press, meetings are being held with the Council, which, as you know owns the site. In our opinion, the Glamorganshire Canal at Forest Farm is the most important industrial archaeology in the city and should be preserved.

As detailed on page one by our Chairman, at a time of council cuts we are prepared to use some of our funds to enable a detailed feasibility and costing report. We will keep you updated of any developments.

***Martin Chamberlain***

### Events at Forest Farm Dec 2014 - Mar 2015

DATE	EVENT
Saturday 6th Dec 10.00 - 12.00	<b>THE LAST Wildlife Watch club for children 8 - 12 years. Snail search. Get out in your park and help scientists find alien snails!</b> Meet at Wardens Centre Forest Farm Rd Whitchurch. For more details email Gareth at <a href="mailto:gstamp@cardiff.gov.uk">gstamp@cardiff.gov.uk</a> or phone Community Rangers on 029 2044 5903
Sunday 14th Dec 10.00 - 13.00	<b>Friends Volunteering Event.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch
Saturday 20th Dec 10.00 - 12.30	<b>RSPB /Friends Nature Walk.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch

## Events at Forest Farm Dec 2014 - Mar 2015 cont'd

DATE	EVENT
Sunday 11th Jan 10.30 - 13.00	<b>Walk off Christmas!</b> Meet Martin at the Wardens Centre. Forest Farm, Radyr Woods and Hailey Park. Limited parking nearby but plenty of space bottom of Longwood Drive, then walk to Wardens Centre via Taff trail or the feeder. CF14 7JJ Refreshments and Toilets. Contact Martin 07952926145.
Saturday 17th Jan 10.00 - 12.30	<b>RSPB /Friends Nature Walk.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch.
Sunday 18th Jan* 10.00 - 13.00	<b>Friends Volunteering Event. (*Note change of date for Jan)</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch. Home made soup for all volunteers!
<b>Wednesday 21st Jan</b> 19.30	<b>Evening talk “Fungi. the Good, the Bad and the Ugly” by Professor Lynne Boddy.</b> Whitchurch Community Centre, Old Church Rd, Whitchurch. Refreshments. ALL WELCOME
Saturday 24th Jan 10.30 - 12.30	<b>Volunteering event. Cardiff Conservation Group.</b> Clearing dead wood /thinning out weak trees. Meet at Middle entrance Longwood Drive (off Jct 32 M4). See P6.
Sunday 8th Feb 10.00 - 13.00	<b>Friends Volunteering Event.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch
Saturday 21st Feb 10.00 - 12.30	<b>RSPB /Friends Nature Walk.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch
Saturday 28th Feb 10.30 - 12.30	<b>Volunteering event. Cardiff Conservation Group.</b> Scrub/coppicing clearing. Meet at Middle entrance Longwood Drive (Jct 32 M4). See P6.
Sunday 8th Mar 10.00 - 13.00	<b>Friends Volunteering Event.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch.
<b>Wednesday 18th Mar</b> 19.30	<b>Evening talk ‘Cardiff Bats’ by Dr Alexandra Pollard.</b> Whitchurch Community Centre, Old Church Rd, Whitchurch. Refreshments. ALL WELCOME.
Saturday 21st Mar 10.00 - 12.30	<b>RSPB /Friends Nature Walk.</b> Meet at the Wardens Centre Forest Farm Rd, Whitchurch
Saturday 28th Mar 10.30 - 12.30	<b>Volunteering event. Cardiff Conservation Group.</b> Meet at Middle entrance Longwood Drive (Jct 32 M4). See P6.

Published on behalf of The Friends of Forest Farm and Glamorganshire Canal Local Nature Reserve by  
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The Editor wishes to state that all views expressed by contributors are their own, as is the responsibility for them.