



Friends

of FOREST FARM COUNTRY PARK
and GLAMORGANSHIRE CANAL
LOCAL NATURE RESERVE

Issue No: 100 June 2016

website: www.forestfarm.org.uk

Frog Environmental report on the canal

We have now received the report following the survey that Frog Environmental carried out for us on the section of Glamorgan Canal at Forest Farm. Frog Environmental were selected to undertake the work for us as they are specialists in this type of field, working with canals and waterways. The feasibility survey was initiated due to the level of work that the canal needs to restore and enhance it. The report's aims were to establish it's current condition, the level of work that would be required to improve it and the kind of cost that this would involve.

From this report, we are now assessing and planning the next steps. Essentially there are a number of things required to improve the canal and in some cases, different options recommended which have differing costs. The final treatments that are decided on will help to determine the level of grant funding that we need to source. This is part of a long term plan to improve the canal which is not only a well loved feature of Forest Farm but a SSSI, and a significant remnant of Cardiff's industrial past.

Nicola Hutchinson Conservation Officer Cardiff County Council

'Before' and 'after' **The Friends Sunday volunteering session in April** ; the first session clearing the canal. There were about 15 volunteers that day and you can see the results of their efforts.



Above, general views of the canal; left - the volunteers in action!

See P4 for Martin's update on volunteering

Photo above right from Estzer Horvath-Papp. Other photos by Martin Chamberlain (top right taken at 0700 hrs!)

Editorial

Did you notice this is our 100th edition? Sorry we can't run to another colour edition but we do have a number of things to celebrate! At last things are starting to move with the canal ; the report on its current state has arrived and we look forward to hearing about the options. Meanwhile, our volunteers have been having fun clearing some of the debris (p4)

Radyr hydroplant is almost completed and ready to open, which is great (p6) - and the Taff trail will be fully open again. I am sure it will all have been worth it!

The Rangers have moved in to Forest Farm. It is the base for the whole team but the pattern of their work is changing - and we are noticing a difference. (p3). Also, the RSPB and the Ranger Service have joined up to form "Wildlife Detectives" for children. It looks very good - perhaps we can get some feedback ?

We have a lot of thanks to give this time; your continuing much valued donations, your practical support - particularly to Howard Davies (p11), and last but not least, the new impetus from the wider community to tackle the litter problem (p5 & p10).

Finally, have a look at the events - there is plenty going on - hope to see you over the summer!

Sheila Austin

Membership

The figure for membership of the Friends stands at 386.

A very warm welcome to new members and many thanks to all for your continued support of the Friends.

Membership Secretary
Pauline Fisher

 Come and see us !!

The Friends will be at

Rhiwbina Festival - 2nd July

Whitchurch and Tongwynlais Fete
on the Common - 9th July

Look out for other events too
- see back pages for details 

One of our talks was on the **Howardian Nature Reserve** (report next time)

Please note there will be an **orchid walk** there **2.30 18th June**.

Deadline for articles for next newsletter - 8th August 2016

See back page for contact details

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Reserve Report - May

by Raj Chettri - Community Ranger

In between our move to the Farm House "Conservation Centre", we have been busy around the Reserve.

We continued the work of laying and rejuvenating the overgrown hedge alongside the 2nd hide in early Spring. The brush was then woven as a dead hedge by volunteers from the Green Days Project, Innovate Trust.



Photo: Ranger Service

We replaced two pedestrian gates, removed fallen submerged trees from the Glamorgan Canal and have started working on the plant beds around the Farmhouse. The Volunteers from the Green Days Project and Adam C our regular Volunteer have given the Ranger team a big helping hand, without them we would have struggled. The Friends of Forest Farm volunteers amongst the various tasks undertaken in the Reserve have also replaced the door to the 2nd Hide aka "The Hide with no Door".**

This Spring, along with the annual show of native bluebells, ramsons and cowslips around the Reserve, we discovered a cluster of toothworts *Lathraea squamaria* on a section of the Glamorgan Canal. It is parasitic on the roots of hazel and alder, occasionally on beech. It's common name comes from the resemblance of it's flowering and fruiting stems to a row of teeth.

(*** There have been some complaints about this door - that it has no lock or handle and it's swinging open and banging shut all the time. This was raised at the last Committee meeting and the problem should be resolved shortly. Ed)*

The Rangers move to Forest Farm

I'm sure many of you have been noticing some changes afoot at Forest Farm in recent weeks. The rumours that have been running for rather a long time, since TCV left Forest Farm, have finally happened. The team from Wedal Road have at last moved in to base their office in the farmhouse and the buildings of the Conservation Centre which now means that the whole team, Community Rangers, Woodland Rangers and Forest Farm Rangers are now in one location, working across the city.

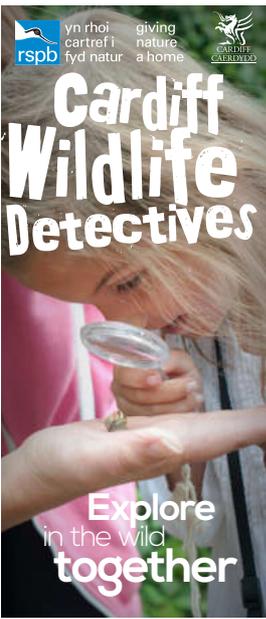
This has been quite an upheaval for all involved and we are finally starting to settle in and sort everything out. As with all moves, we still have plenty of unopened boxes and things that we have not yet sorted out as, unfortunately, the day job doesn't stop for a move!

Forest Farm is very much at the centre of plans to develop the teams' work. This will be a long term project but will involve developing volunteering and training opportunities, holding events and seeking funding to help us do this. We will of course be working closely with the Friends and seeking grant funding as well as creating opportunities for sponsorship as things develop. We will give you regular updates of progress.

Nicola Hutchinson, Conservation Officer

New exciting club for children

Run
by
the RSPB
and
Cardiff
Rangers



The flyer for Cardiff Wildlife Detectives features a child looking through a magnifying glass at a small insect. Logos for RSPB, Cardiff Council, and Cardiff Rangers are at the top. Text includes 'Explore in the wild together' and 'The most exciting wildlife club in Cardiff!'.

How to join
There is a small membership fee to cover resources and there are two ways to pay:

- 1 year membership £7.50 per child (saving of £3.50 per child)
- Pay on the day £1 per child

When and where
Detectives meet at Forest Farm in Cardiff on the third Sunday of every month.

There will be occasional trips to other parks in and around Cardiff to discover all the fascinating creatures and critters that live there.

To register email cymru@rspb.org.uk or call 02920 353000

Cardiff Wildlife Detectives is run in partnership between RSPB Cymru and the City of Cardiff Council via Giving Nature a Home in Cardiff.

All leaders are DBS checked. Parents or carers are asked to stay for the duration of each meeting. Adults get to enjoy the fun for free.

rspb.org.uk

See
details
on
flyer (L)
and
Events
pp11/12

Based at Forest Farm Nature Reserve

VOLUNTEERING UPDATE

In our January Newsletter I wrote to advise that the number of volunteers had reduced to a position where we were questioning continuing with the monthly sessions.

Using social media, a number of new volunteers have joined us for the last three months. During this time we have concentrated on clearing the banks of the canal nearest the bottom end of the canal.

Volunteers were able use waders to remove vegetation and then pass the branches to the other volunteers who then built a dead hedge. The improvements in the light levels have seen Bluebells and other woodland flowers in areas where they have not been seen for many years.

We now know that where the canal is not silted it is five foot deep - as one of the volunteers with four foot waders found out!

It was interesting to see how a number of people not known to each other were able to work as a team and how much laughter there was.

We will now leave the canal to later in the year so as not to disturb the nesting birds and will move onto clearing some of the invasive species within the Reserve.

At the end of the May 8th session, we were able to sow the wild seeds in the two areas of the Wardens field.

There are now an average of 15 volunteers for the Sunday sessions and we need to improve the numbers on the week day sessions. To fit in with the Rangers workloads, **the midweek sessions will now move to the third Wednesday of the month.**

Much has already been achieved and can be achieved with the number of volunteers now attending. Many thanks to you all.

M J CHAMBERLAIN

Working in partnership is key to making a difference

Keep Wales Tidy, the charity that looks after the environment in Wales, aims to get people, groups and businesses to realise the long-term benefits of working in partnership.

The Longwood Drive clean up event which took part on the 22 March 2016 is an excellent example of what can be achieved when we work in partnership to tackle problem areas.

It is well known as a litter hot spot by the people of the area and over time has been getting progressively worse. The area is heavily littered with food and drink packaging, drug related litter, household and garden waste and does attract anti-social behaviour.

The clean-up on the 22nd of March was organised by Keep Wales Tidy and supported by volunteers from McDonalds, Cardiff Rivers Group, Cardiff Parks team, Waste Enforcement, Keep Grangetown Tidy, Friends of Forest Farm and Cardiff Tidy Taff's. 29 people spent two hours litter picking the area and what was removed from the area was remarkable:



Some of the 29 volunteers. What a fantastic job they did !



- 64 bags** of rubbish;
- 3 trolleys** 2 from the old railway cutting, 1 from the feeder near the Taff
- 1** shopping basket;
- 2** tyres;
- 30m** of stripped cable;
- 2 pairs** of boots collected;
- 1 pair** of trainers;
- Drug syringes and drug paraphernalia.

Gareth Davies, KWT Project Officer (Cardiff) –
"This was an excellent event. In 2 hours we made a real difference to the area. Not only was a huge amount of litter removed from the area but volunteers from different groups and backgrounds came together to tackle this litter hot spot. I just want to say a big thank you to everybody involved."



Nigel Barry, Cardiff Rivers Group member said – "A great way to spend a morning in good weather"

Unfortunately, this is an ongoing problem for the area which is why working towards a sustainable way of tackling the issue is so important.

By building partnerships, organising regular events and planning ahead for the future, we can help raise awareness within the community, recruit new supporters and make a lasting difference to the environment so that everyone can be part of protecting it and enjoying it.

Gareth, Project Officer Cardiff, Keep Wales Tidy

As you know the Friends have been concerned about litter in this vicinity for years, had regular litter picks and Chris used to collect bags of rubbish there daily. Martin Chamberlain and I attended the Whitchurch PACT meeting as this issue was also raised there. A report from Pam Coombes from Pendwyallt Rd Community Watch, was discussed; it is concerned about the 'huge amount of waste' and 'evidence of anti-social behaviour ...as well as public health hazards'. A site visit with the Council was arranged. See P10 for the report.

Radyr Weir Hydro scheme

Nearly 12 months ago, the Taff trail was closed around Radyr weir ready for the start of this project. This is what the area looked like then.

Exciting news! The **Radyr Hydroplant**, as it now seems to be called, is operating and (at the time of this newsletter being prepared) the landscaping and picnic area and railings are being finalised.

As a member, you will know that we have been keeping you informed of its progress. It had been hoped to have the opening on 21st May but there was a delay with the lead time for delivery of the railings, it will now be opened in early to mid in June.



This view was taken upstream with a view of the fish pass and you can just about see the little building used to record the flow of the river Taff. Photo: Sheila Austin

This is what the area looks like now



View of a new section of the Taff trail and the new construction incorporating the Archimedes screws and fish pass Photo: Adam de Benedictis

I know by the time you read this, the event will be over, but I thought you would like to know that there was a World Fish Migration Day on 21st May - a Family Fun Day at Cardiff Bay barrage. It was organised by South East Wales Rivers Trust, focusing on how the Taff has come back from the brink over recent years to support a wide variety of migrating fish; the impressive fish pass at Radyr weir is something that can be celebrated as part of that.

Sheila Austin

with thanks to Adam de Benedictis and Tim Roberts

If any member wishes to receive a copy of our audited accounts for 2015, please email treasurer@forestfarm.org.uk

**Cardiff and District RSPB Group
Conservation Group . . .**

. . . Doing something positive

At our March visit, there were only two of us and the Warden, so there was a change of plan - we would spend an hour litter-picking. This is a real problem on the Longwood stretch of this road with a good deal thrown into the Reserve. We soon filled 6 large bags. We had planted a hedge some seven years ago with the sole reason to create a barrier against rubbish - it is now at the stage to start laying the hedge so that it will bulk up - our final task of the morning.

April again found us low on numbers with only two of us; we did double our tally later on. The Warden tackled a chainsaw job clearing an area of dead trees - they should improve the under story. The hedge has started to green up (good to see) and we finished a job on that where some extra support stakes were needed. We also planted some extra hedging to fill out a thin area.

We seem to have rapid growth of young sycamore seedlings - which needed cutting back and during the morning 3 bags of litter were collected ... a good morning with only a few of us.

Programme 2014

**Conservation work will be held on the following Saturday mornings 10.30 - 12.30p.m. at
Forest Farm, Longwood Drive, Whitchurch.**

June 25th

**Balsam clearing and pulling Rosebay Willowherb
Middle entrance**

The group works for a few hours during the morning, roughly once a month. It is not particularly strenuous - similar to an active gardener (you work to your own level). If you feel you would like to get involved ... just turn up, or better still give me a ring.

Hugh Harrison 029 20704889



Although we have not been able to bring you reports of our monthly walks - they are always held.

Meet at 10 a.m on the 3rd Saturday monthly - at the Wardens Centre.

All welcome.

See pp11/12

Thanks Gavin,

We would like to thank Gavin Blackmore for all the time and effort he has put in over the last few years in finding speakers and also supplying posters for the evenings talks. We are very sorry that, owing to work commitments, he has had to give up his position on the committee. We are very grateful that he has already booked the speakers for our winter talks 2016/2017 which, as usual, promise to be very interesting.

Wishing him all the best for the future.

John Harding, Committee and the Friends.

I would like to thank the rest of the committee for staying on for another year and warmly welcome Jon Wallis to the committee.

To anyone else wishing to come on the committee, there is always a place for you. Join us on an informal basis if that suits you first.

John Harding (Chairman)

Dawn Chorus Walk 30th April 2016

About 25 of us assembled at 6am on a bright but cold morning for this walk led by Park Ranger Gareth. Several members of the Friends remained at the Warden centre to provide bacon or egg rolls, hot drinks and toast when we returned.

Gareth soon had us listening to bird song. He said birds sang at different times of the morning. Some such as the Blackcap were likely to be mostly finished, even at 6 o'clock, as it had been light from just after five. Birds sang to mark out territory and attract a mate. Resident birds such as Blackbirds and Thrushes had gone through this stage in March, and were now fledging their first brood. The birds we'd hear this morning were mainly returning migrants. Gareth said he'd learnt bird song in the field from childhood. These days you could buy a mobile phone app that allowed you to hear any British bird.

The first bird call we heard, and one we heard throughout the walk, was the long loud chirping of the tiny Wren, of which Forest Farm has a good population. We also heard the distinctive two note call of the little Chiffchaff (which gives the bird its name), a Mistle Thrush's alarm call and a Woodpecker that briefly drummed on a tree to produce a call that carries a long way. Gareth said that all the warbler family species, the classic 'little brown jobs', that were all small and very similar, had their own distinctive calls. Warblers had some of the most complex calls. As well as the Chiffchaff, which we'd already heard, there would be Blackcaps and Reed Warblers too. These had only arrived from migration a week or two earlier. We duly heard both.



Wren - photo by Tony Fisher

Blackcaps have a most lovely complex flute-like call that rises, then falls. Gareth said this was his favourite call of all British birds. We also heard Reed Warblers, which have a call that gradually descends in pitch; and a Reed Bunting which, as Bill Oddie says, sounds like 'one, two testing'. The call of Great Tits was simple and they were common. We also heard the rather quiet little call of the tiny Goldcrest. I'm sure I've missed a few but it was a fascinating experience. The calls began to subside after seven o'clock. Later in the day birds are mostly silent; most just use alarm and often quite complex communication calls.

It was then time to return to the Warden's Centre for some welcome refreshments (provided by the Friends) and the opportunity to ask Gareth further questions.



Goldcrest
Photo : Forest Farm collection

Albyn Austin

Summer Wildlife Festival at Forest Farm. Saturday 4th June 10.00 - 16.00

Led by the Giving Nature a Home in Cardiff Team

A day of wildlife activities. Pond dipping Bug hunting Worm charming Bird spotting.

Fun for all the family! Free activities and free parking available on site
Meet at Forest Farm, Forest Farm Road, Whitchurch CF14 7JJ

The Friends of Forest Farm

- survey re dormice?

Visitors to the Top and Hospital Meadows may have noticed a number of boxes attached to trees and other areas of vegetation. There are also a number of squares of roofing felt on the ground. We understand that these are surveying methods to identify if there are dormice and reptiles in this area.

This is the next stage of the legal process to enable Cardiff & Vale NHS Trust to destroy the Hospital Meadows by *selling the land with planning permission* for housing and *thus* also causing severe environmental damage to the surrounding Nature Reserve.

We have discussed the surveying methods with experts and there are concerns over the techniques being used.

The Friends of Forest Farm are therefore looking into undertaking their own survey to ensure that the legal requirements are followed.

Martin Chamberlain

Many thanks to :

Howard Davies

Howard has been a voluntary warden at Forest Farm for many years (someone told us Howard started in 1991!) He has now retired from that role and we send our grateful thanks for all his hard work on the Reserve. We will miss him very much.

However, he says he will still be delivering the newsletters for us.

Bob Chard

Bob kindly supplied the wood and carpentry skills for the long awaited door on the second hide. We are very grateful to him.

Have you heard of a tree called Betty?

Recently, it was reported in the news that there is a mature ash in Norfolk where 'Betty' (so named by scientists) has stayed healthy in spite of being surrounded by badly infected trees. It could therefore be possible to use selective breeding to develop a strain of trees tolerant to ash dieback.

Research has led to the 3 genetic markers being identified. This allowed prediction of how tolerant to the disease a tree was likely to be.

BUT ... although promising, the findings are being treated with caution. One report suggested that only 3% of 248 trees studied appeared to have the genetic make-up suggesting a tolerance to ash dieback.

AND ... there is another threat coming, a pest spreading west from Moscow - the Emerald Ash Borer.

Sheila Austin

On 19th May, Wales on Line published "21 Hidden gems in Cardiff even the locals may not know about" - and **number 1 was ...**

Canal Walk at Forest Farm

Thanks to our webmaster Matt Lock for spotting this.

Here is the link. www.walesonline.co.uk/whats-on/whats-on-news/21-hidden-gems-cardiff-even-11346443#ICID=sharebar_twitter

Donations

We are very grateful to the many people who make donations to the Friends in various ways. Thanks to everyone (members and visitors) who make the work we do possible.

Special thanks go to Whitchurch W.I. for their gift of £50*, Whitchurch Health Foods for their ongoing donations* from bag sales, C & D Energy Ltd. for their £200 sponsorship of our 25th Anniversary Newsletter, continuing orchard tree donations and a £20 anonymous donation sent in.

We are also extremely grateful for the £500 donation in lieu of flowers collected by the late Ted Edwards' daughters.

Phil Baker

*These will be used for native flowers and bulbs in the vicinity of the small parking area at the bottom of the canal.

The £20 anonymous donation was accompanied by the following letter.

"A few weeks ago after a visit to the Reserve, and on return to my car, I found I had lost my wallet.

Retracing my steps in the hope of finding it, I met a couple who, as luck would have it, had just found it. As I looked like a soul who had just lost something, they asked if I was the owner, I was.

As the wallet was quite distinctive, they returned it to me after I provided a description.

I was very, very grateful to them and obviously thanked them, they were going to hand it to the police at Fairwater. I was saved a lot of trouble.

Due to my overwhelming relief, although I thanked them, I realised later that a reward should have been forthcoming.

Not knowing their identities, I feel I need to somehow atone for my mistake and therefore would like to make this small gesture to the funds of Forest Farm Friends.

Best wishes and well done for the efforts all the Friends put in to make the Reserve special."

Site visit re Litter, Longwood Drive

This was instigated and arranged by Whitchurch PACT and Pendwyallt Rd Community Watch, and was attended by Councillors Bob Derbyshire, Ben Thomas and Chris Davis, Tara King (Operational Manager), an Enforcement and Waste officer, representatives from McDonalds, GE Healthcare, Friends of Forest Farm, PCSO's and of course the instigators.

We walked down Longwood Drive to GE Healthcare and all those represented got an opportunity to voice their concerns, inform the Council of how they have attempted to improve the situation and put forward suggestions. It was interesting to note that the temporary 'bins' put up by PACT/Pendwyallt Watch were full to overflowing - i.e. that if bins are there, people will use them. Fly tipping along Longwood Drive and at Asda (adjacent to the SSSI area of the Nature Reserve) was also spoken about. The Enforcement Officer from CCC is liaising with Asda for action to catch those responsible. We were told that where supermarket trolleys are abandoned, if the Council is informed (via their website or C2C/ tel 02920872087), CCC will collect them and there is a £75 charge to the supermarket concerned for their return. Fly tipping occurs in other areas on the Reserve too - it can be reported, with details if you have them - but do not put yourself at risk. McDonalds have extended their litter picking as well and are currently taking away the litter in the temporary bins. As part of Whitchurch PACT priorities, Longwood Drive is now included in the local PCSO's foot patrol. The parking of overnight lorries and car pooling is also part of many of the issues raised at the site meeting.

All those who had raised concerns about this dreadful problem were encouraged by the attendance of the council representatives and the police. An action plan is to be drawn up by the Council and a follow up meeting will take place. Whitchurch PACT will report any updates at their future meeting.

Sheila Austin

Forest Farm Dairy

- a little more information.

We already knew that the Jones family farmed at Pentyrch, not Forest Farm, but Denise (whose family, the Browns, once lived at Forest Farm) has found out a bit more information from Spiro Gropetis from the Miss Jones Bistro in Whitchurch - on the site of Forest Farm Dairy.

It was Thayers who took Forest Farm Dairy Ice Cream to Paris (with their own??) - and that was how they got the framed award which the Friends bought last year. He did not know why the cafe was called Forest Farm Dairy.

I wonder if Forest Farm was the source of the milk? We know one of the Jones daughters worked at Forest Farm. Ed)

Sheila Austin

**Coach Trip To Wells,
Saturday 9th July 2016**

Members will have seen the full details of this trip in the last newsletter.

Due to the demand received, the coach is now fully booked. However, if Duncan receives a further 25 telephone or email reservations, (without money at that stage) he will be able to put on a *second bus*. Once that bus has been booked Duncan will then contact those who have reserved places so that they may then send him the booking slips plus cheques.

If you would like to have the full details of the trip again please contact Duncan on Cardiff 20626111 or email:- duncan3@hotmail.co.uk.

Remember that on this trip, members and/or non - members are very welcome to join us.

Events - June to mid September 2016

DATE	EVENT
Sat 4th June 10.00-16.00	Summer Wildlife Festival at Forest Farm Led by the Giving Nature a Home in Cardiff Team A day of wildlife activities from pond dipping and bug hunting to worm charming and bird spotting. Fun for all the family! Meet at Forest Farm, Forest Farm Road, Whitchurch. Free activities and free parking available on site
Sat 11th June 14/00-16.00	History and Wildlife of the Glamorgan Canal Led by the Community Park Rangers A gentle stroll to look at the social and natural history of this fascinating site. Meet at the Warden Centre, Forest Farm. Free Wheel chair accessible
Sun 12th June 10.00 - 13.00	Friends volunteering event. ALL WELCOME. Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch CF14 7JJ
Wed 15th June 10.00 - 13.00	Midweek volunteering event with the Friends. ALL WELCOME. Meet John at the Wardens Centre, Forest Farm Rd Whitchurch. CF14 7JJ
Sat 18th June 10.00 - 12.30	Nature Ramble. Meet at the Wardens Centre Forest Farm Road, Whitchurch. CF14 7JJ for a gentle ramble around the Reserve to see (and hear) the wildlife. Bring your binoculars if you have them.
Sun 19th June 10.00 - 12.00	Wildlife Detectives. An exciting new club for children. Rockpool and sand art (tide dependent). at Sully. Run by the RSPB and City of Cardiff Council Rangers. For more details/ to register email cymru@rspb.org.uk or tel 02920 353000. See p4
Sat 25th June 10.30 - 12.30	Cardiff Conservation Group Volunteering. Clearing Himalayan Balsam and Rosebay Willowherb. Meet Hugh - Middle Entrance Longwood Drive Whitchurch See p8 for details
Sat 2nd July	The Friends will have a stand at Rhiwbina Festival . Do come along and say hello.

Events at Forest Farm - June - September cont'd

DATE	EVENT
Sat 9th July	The Friends will have a stand at the fete on Whitchurch Common . The event marks the end of the Whitchurch and Tongwynlais Festival . Do come along and say hello.
Sun 10th July 10.00 - 13.00	Friends volunteering event. ALL WELCOME. Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch CF14 7JJ
Sat 16th July 10.00 - 12.30	Nature Ramble. Meet at the Wardens Centre Forest Farm Road, Whitchurch. CF14 7JJ for a gentle ramble around the Reserve to see (and hear) the wildlife. Bring your binoculars if you have them.
Sun 17th July 10.00 - 12.00	Wildlife Detectives. An exciting new club for children. Moth trapping at Forest Farm. S Run by the RSPB and City of Cardiff Council Rangers. For more details/ to register email cymru@rspb.org.uk or tel 02920 353000. See p8
Wed 20th July 10.00 - 13.00	Midweek volunteering event with the Friends. ALL WELCOME. Meet John at the Wardens Centre, Forest Farm Rd Whitchurch. CF14 7JJ
Sun 14th August 10.00 - 13.00	Friends volunteering event. ALL WELCOME. Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch CF14 7JJ
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Wed 31st Aug 20.00	Bat walk at Forest Farm, Whitchurch. Led by the Community Rangers. Discover the bats feeding around the Reserve using bat detectors. Sensible clothing and footwear essential. Please bring torches with you. Meet outside the Warden's Centre. Free.
Sun 11th Sept 10.00 - 13.00	Friends volunteering event. ALL WELCOME. Contact Martin on 07952 926145. Meet at the Wardens Centre Forest Farm Rd Whitchurch CF14 7JJ
Wed 14th Sept 18.00	Foods of the Forest. Take a pleasant stroll around Forest Farm Country Park and discover the tasty treats Mother Nature has in store this time of year. This is followed by a tasting session of some delicious delicacies. Meet at the Warden Centre Forest Farm. £4.00 per person one boot
Sat 17th Sept 10.00 - 12.30	Nature Ramble. Meet at the Wardens Centre Forest Farm Road, Whitchurch. CF14 7JJ for a gentle ramble around the Reserve to see (and hear) the wildlife. Bring your binoculars if you have them.
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Published on behalf of The Friends of Forest Farm and Glamorganshire Canal Local Nature Reserve by Mrs Sheila Austin, 1 Heol Gwrgan, Whitchurch, Cardiff CF14 1PP Tel 02920 614245 email: editor@forestfarm.org.uk
The Editor wishes to state that all views expressed by contributors are their own, as is the responsibility for them.